

# AA MEETING DIRECTORY OCT-NOV-DEC 2017

**GREATER VICTORIA INTERGROUP  
AA CENTRAL OFFICE  
#8-2020 Douglas Street  
VICTORIA, BC V8T 4L1**

**24 Hr. HELP LINE: (250) 383-7744**

**Business Line: (250) 383-0415  
Monday – Friday: 9:30 am – 5:00 pm**

**E-mail: [vicintgpco@shaw.ca](mailto:vicintgpco@shaw.ca)**

On line meeting directory is updated monthly.

For any recent changes visit our website;

**Website: [www.aavictoria.ca](http://www.aavictoria.ca)**

## DISCLAIMER

A directory listing does not constitute or imply approval or endorsement of any group's or meeting's approach to or practice of the traditional AA Program.

## ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can:

	<b>Yes</b>	<b>No</b>
1. Do you lose time from work due to drinking?	___	___
2. Is drinking making your home life unhappy?	___	___
3. Do you drink because you are shy with people?	___	___
4. Is drinking affecting your reputation?	___	___
5. Have you ever felt remorse after drinking?	___	___
6. Have you gotten into financial difficulties as a result of your drinking?	___	___
7. Do you turn to lower companions and an inferior environment when drinking?	___	___
8. Does your drinking make you careless of your family's welfare?	___	___
9. Has your ambition decreased since drinking?	___	___
10. Do you crave a drink at a definite time daily?	___	___
11. Do you want a drink the next morning?	___	___
12. Does drinking cause difficulty in sleeping?	___	___
13. Has your efficiency decreased since drinking?	___	___
14. Is drinking jeopardizing your job or business?	___	___
15. Do you drink to escape from worries or trouble?	___	___
16. Do you drink alone?	___	___
17. Have you ever had a complete loss of memory (known as a blackout) as a result of drinking?	___	___
18. Has a physician ever treated you for drinking?	___	___
19. Do you drink to build up your self-confidence?	___	___
20. Have you ever been to a hospital or institution on account of drinking?	___	___

If you answered "yes" to three or more questions, you may be an alcoholic. Reprinted from Pamphlet P9 with permission from AAWS.

## BUS ROUTES TO MEETINGS

	<b>Meeting Location</b>	<b>Bus#</b>	<b>Stop</b>	<b>NB = Night bus</b>
500	Admirals	6,25,26	Esquimalt & Admirals	
626	Blanshard	7	Fairfield @ Blanchard & Quadra	
2110	Church Rd; Sooke	61	Sooke & Church	
1600	Cook (corner of Mason)	27,28,2,2A,25,24	27, 28 Cook & Pandora	
680	Courtney	50,70,72,73	Douglas passed Courtney	
3020	Douglas Street	All busses	Down Douglas	
4030	Douglas Street	17,51	Mc Kenzie @ Douglas	
627E	Dunedin	11	Gorge & Dunedin	
7176	East Saanich	72	East Saanich & Dogwood.	
1379	Esquimalt Road	15,25,26	Esquimalt @ Foster/Grafton	
1273	Fort @ Moss	11,14,22	Fort & Moss	
527	Fraser Street	15,26	Esquimalt @ Park/Fraser	
537	Glencairn Lane	52	Between Goldstream & Kelly	
798	Goldstream	50	Goldstream @ Peat	
935	Goldstream	50	Goldstream @ Spencer	
274	Hampton Rd	21,22,26	Burnside & Orillia	
	Within walking distance	8,11	Tillicum & Burnside	
2060	Haultain	11	NB: # 11 @ Fort & Foul Bay	
2410	Malaview@ Fifth	72,81,82	Resthaven @ Malaview	
10364	McDonald Park	72,81,82	Resthaven & McDonald Park	
511	Michigan	30,31	Superior & Menzies	
1355	Mitchell @ Granite	2,7,8	Oak Bay & Foul Bay	
2166	Mt Newton X Road	75,81,82	East Saanich & Mt Newton	
1962	Murray Road	61,64	Sooke @ Shields	
550	Obed Avenue	11	Obed @ Dysart	
1161	Princess & Chambers	24,25	Cook & Princess	
804	Queens Ave & Dowler	6	Quadra @ Crystal Pool	
1803	Quadra Street	6,17	Quadra @ Caledonia/North Park	
231	Regina Ave	8,11, 21,22	Burnside & Tillicum	
	Within walking distance	50,61	Trans Can Hwy & Tillicum	
2964	Richmond Road	27,28	Shelbourne @ Haultain	
600	Richmond Road	3,7	Fairfield @ Richmond	
2137	Royal Jubilee Hospital	8,11,14	Fort @ Richmond	
2612	Sooke Road	61	Between Jacklin & Happy Valley	
3703	St Aiden's	14 UVIC	Richmond & Cedar Hill X	
294	Stewart Ave	14 Vic General	Old Island Hwy & Helmcken	
94	Talcott Road	22	Watkiss Way @ Talcott Rd	
10030	Third St; Sidney	72	Fifth & Henry	
1210	Totem Lane	85	West Saanich @ Totem	
1095	Tolmie Ave	6,17	Quadra @ Tolmie	
2191	Townsend	61	Sooke @ Townsend	
4566	West Saanich Road	6,3,31,35	Saanich @ Pipeline	
9300	Willingdon Rd	72	Mc Tavish Exchange	

**FOR BUS INFORMATION CALL: 250- 382-6161**

**MONDAY**

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA-Last Sat O 511 Michigan (James Bay United Church)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **KEYSTONE – DISCUSSION**  
C-WA Last Mon O 1161 Princess / Chambers off Cook St.

12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin

12 Noon **AN OPEN MIND**  
C-WA 1600 Cook/Mason (Open Door Church)

12 Noon **SIDNEY NOON SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

12 Noon **BASIC PRINCIPLES**  
O-WA 798 Goldstream (Lady of the Rosary Church)

6:00 pm **SOBERETTES WOMEN**  
C-WA 4030 Douglas Street  
(Salvation Army Citadel)

7:00 pm **FAIRFIELD GROUP**  
O-WA 1273 Fort St. (Grace Lutheran Church)

7:30 pm **OLD SCHOOL AA**  
O-WA 500 Admirals Rd ( Esquimalt United Church)  
Upstairs off main entrance

7:30 pm **SIXTY MINUTES**  
O 550 Obed Ave (City Lights Church)

7:30 pm **GENERATION NEXT: YOUNG PEOPLE**  
O 1095 Tolmie Ave (Parkdale Evangelical Church)

7:30 pm **DISCOVERY – BEGINNERS meeting**  
O 627E Dunedin

7:30 pm **PEACE GROUP - DISCUSSION**  
C/Last O 2060 Haultain Street (St Patrick's Church)

7:30 pm **OTTER POINT # 1 SOOKE**  
C 1962 Murray Rd (Holy Trinity Church)

8:00 pm **DOMINION ROAD GROUP**  
C 511 Michigan (James Bay United Church)  
Upstairs meeting room)

8:00 pm **FRONTRUNNERS (LBGTQ)**  
C 511 Michigan (James Bay United Church)  
Downstairs meeting room)

7:30 pm **MT. NEWTON STEP**  
c 7176 E Saanich Rd. (Shady Creek Church)

8:00 pm **HAPPY VALLEY DISC. GRP.**  
C-WA-Last O 798 Goldstream (Lady of the Rosary Church)

8:00 pm **COBBLE HILL DISCUSSION**  
C 3141 Cameron / Taggart

**TUESDAY**

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat O 511 Michigan (James Bay United Church)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **KEYSTONE – 12&12 STEP**  
C-WA Last Mon O 1161 Princess off Cook / Chambers

12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin

12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030-3rd St. (St. Elisabeth's Church)

6:00 pm **BEAR MOUNTAIN GROUP**  
O-WA 798 Goldstream Ave (Lady of the Rosary Church)

7:00 pm **SAANICHTON BAY**  
O-WA #6-2475 Mt Newton X Rd (behind MC Donalds)

7:15-8:15 pm **SIDNEY AIRPORT MEETING**  
O-WA 9300 Willingdon Rd (Resthaven 7<sup>th</sup> Day Adventist Ch)

7:30 pm **PEACE OF MIND - BIG BOOK**  
O 4566 W Saanich Rd (Saanich Community Church)  
(entrance to meeting through double side doors)

7:30 pm **MORE UNFINISHED BUSINESS** BB study SOOKE  
O-WA 2191 Townsend Rd (St Rose of Lima Church)

7:30 pm **DISCOVERY – DISCUSSION**  
C 627E Dunedin

7:30 pm **C.L.U.E. GROUP WOMEN**  
C/Last O 2060 Haultain (St Patrick's Church)

8:00 pm **PROCESS TO RECOVERY BIG BOOK**  
O 804 Queens Ave. (Keystone Victoria)

8:00 pm **TUESDAY NIGHT ESQUIMALT** (scent free)  
C 1379 Esquimalt Rd. ( St Paul's Anglican Church)

8:00 pm **GLEN LAKE FAITH – 12 & 12**  
C-WA 798 Goldstream (Lady of the Rosary Church)

8:00 pm **TUESDAY HAPPY HOUR**  
C 2375 Koksilah Rd Cowichan Station  
(The Hub)

8:00 pm **LIVING TODAY - DISCUSSION**  
C-WA 3703 St. Aiden's (St. Aiden's Church)  
North Richmond Road / Cedar Hill Cross Road

## WEDNESDAY

6:30 am C-WA-Last O	<b>DAYBREAK</b> 935 Goldstream Ave (Gordon United Church)
7:00 am C-WA –Last O	<b>ATTITUDE ADJUSTMENT</b> 511 Michigan (James Bay Church)
7:00 am C	<b>SIDNEY MORNING SERENITY</b> 10030 3 <sup>rd</sup> St. (St. Elisabeth's Church)
9:30 am C	<b>DISCOVERY – STEP DISCUSSION</b> 627E Dunedin
12 Noon C-WA	<b>THE LUNCH BUNCH WOMEN</b> 511 Michigan (James Bay United Church)
12 Noon C	<b>DAILY REPRIEVE</b> 680 Courtney (St Andrew's Presb, Kirk Hall)
12 Noon C/Last O WA	<b>H.I.T.L.I.S.T. –DISCUSSION (COLWOOD)</b> 537 Glencairn Lane (Emery Community Hall)
12 Noon C-WA Last Mon O	<b>KEYSTONE – BIG BOOK STUDY</b> 1161 Princess / Chambers
12 Noon C	<b>DISCOVERY - DISCUSSION</b> 627E Dunedin
12 Noon C-WA	<b>SIDNEY NOON SERENITY</b> 10030-3rd St. (St. Elisabeth's Church)
7:30 pm O	<b>FRIENDSHIP GROUP NATIVE</b> 231 Regina Ave Victoria Native Friendship Centre
7:30 pm O	<b>DISCOVERY – BEGINNERS MEETING</b> 627E Dunedin
7:30 pm O-WA	<b>FREEDOM GROUP – BIG BOOK</b> Royal Jubilee Hospital, Patient Care Centre Main Floor- room 150
7:30 pm C/Last O WA	<b>THE GRAPEVINE GROUP</b> 2166 Mt. Newton Cross Road (Hospital) Next to cafeteria
7:30 pm C	<b>PEACE GROUP OAK BAY</b> 2060 Haultain (St Patrick's Church)
7.30 pm C/last O	<b>AGE OF MIRACLES - BIG BOOK</b> 2612 Sooke Road (The Forge Church)
7:30 pm C/First O	<b>STEPPING STONES DISCUSSION</b> 3565 Watson Ave/Fisher Rd (Youth Hall) (Cobble Hill Village)
8:00 pm C/Last O WA	<b>WALK THE WALK</b> 1273 Fort St. / Moss (Grace Luth. Church)
8:00 pm C/Last O WA	<b>CORPUS VERITAS – BB/12&amp;12/DISC</b> 1355 Mitchell / Granite (United Church)

### MEETING TYPE CODE

- O** Open Meeting: Everyone is welcome
- C/last O** Usually Closed: Open for Birthdays
- C** Closed Meeting: For AA members only or anyone with a drinking problem.
- CL** Candle light meeting
- WA** Wheelchair Accessible

## THURSDAY

6:30 am C-WA-Last O	<b>DAYBREAK</b> 935 Goldstream Ave (Gordon United Church)
7:00 am C-WA Last Sat O	<b>ATTITUDE ADJUSTMENT</b> 511 Michigan (James Bay United Church.)
7:00 am C	<b>SIDNEY MORNING SERENITY</b> 10030 3 <sup>rd</sup> St. (St. Elisabeth's Church)
9:30 am C	<b>DISCOVERY – STEP DISCUSSION</b> 627E Dunedin
12 Noon C	<b>DAILY REPRIEVE</b> 680 Courtney (St Andrew's Presb, Kirk Hall)
12 Noon C	<b>DISCOVERY – DISCUSSION</b> 627E Dunedin
12 Noon C	<b>IT WORKS – BIG BOOK/ 12&amp;12</b> 600 Richmond Ave. / Richardson
12 Noon C-WA	<b>SIDNEY NOON SERENITY</b> 10030 3 <sup>rd</sup> Street (St. Elisabeth Church)
12 Noon O	<b>EASY DOES IT – DISCUSSION SOOKE</b> 2191 Townsend Rd (St. Rose of Lima Church)
6:30 pm C	<b>ESQUIMALT REC. GROUP 12 &amp; 12</b> 527 Fraser St. (Esquimalt Rec Centre) Fernhill Room
7:00 pm O-WA	<b>SCHOOL SPIRIT</b> UVIC, 3800 Finnerty Rd Clearahue Building Room A 203
7:30 pm O-WA	<b>AKRON GROUP – 12 &amp; 12</b> 1273 Fort Street/Moss (Grace Lutheran Church)
7:30 pm C/Last O	<b>GENERATION NEXT: YOUNG PEOPLE</b> 1095 Tolmie Ave (Parkdale Evangelical Church)
7:30 pm C	<b>PEACE GROUP - STEP &amp; TRADITION</b> 2060 Haultain St (St Patrick's Church)
7:30 pm O-WA	<b>SOBER RIDERS GROUP</b> 231 Regina Ave (Native Friendship Centre)
7:30 pm O	<b>DISCOVERY – TRADITION</b> 627E Dunedin
7:30 pm C-WA	<b>ANY LENGTH – 12 &amp;12</b> 626 Blanshard (Church of our Lord)
7:30 pm C/Last-O	<b>RICHMOND ROAD GROUP</b> 2964 Richmond Road (Knox Presbyterian Church)
8:00 pm O-WA	<b>PROTON GROUP (Agnostic format)</b> 511 Michigan (James Bay United) Upstairs
8:00 pm C-WA	<b>SIDNEY THURSDAY NIGHT</b> 2410 Malaview / 5 <sup>th</sup> St. (St. Paul's Church)
8:00 pm C	<b>COBBLE HILL DISCUSSION</b> 3140 Cameron / Taggart
8:00 pm O-WA-CL	<b>WESTSHORE BASICS - 12 &amp; 12</b> 798 Goldstream (Lady of the Rosary Church)

## FRIDAY

- 6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat O 511 Michigan (James Bay Church)
- 7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)
- 9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin
- 12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)
- 12 Noon **KEYSTONE - TRADITION**  
C-WA Last Mon O 1161 Princess / Chambers
- 12 Noon **WOMEN'S FRIDAY NOON**  
C/Last O WA 511 Michigan (James Bay Church)
- 12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin
- 12 Noon **OAK BAY RECOVERY**  
C/Last O WA 1355 Mitchell / Granite (United Church)
- 12 Noon **WALK THE WALK FRIDAY NOONER**  
C/Last O WA 1273 Fort St / Moss (Grace Lutheran Church)
- 12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030 - 3rd St. (St. Elisabeth's Church)
- 12 Noon **LIVE & LET LIVE – BIG BOOK DISC**  
O-WA 798 Goldstream (Lady of the Rosary Church))
- 5:15 p **DISCOVERY – P.O.E.T.S. DISC**  
C 627E Dunedin
- 7:30 pm **FRIDAY NIGHT DISCUSSION**  
O 525 Johnson St. (Corner Johnson/Wharf)  
Salvation Army community dining room
- 7:30 pm **DISCOVERY – BEGINNERS meeting**  
O 627E Dunedin
- 7:30 pm **AKRON AS BILL SEES IT**  
O-WA 1273 Fort Street / Moss (Grace Lutheran)
- 7:30-9 pm **SOOKE BIG BOOK STUDY**  
C-WA 2191 Townsend Rd (St Rose of Lima Church)
- 8:00 p **TRADITIONALLY SPEAKING**  
C 935 Goldstream Ave (Gordon United Church)  
Guest Speaker: Last Fri of the month
- 8:00 pm **METROPOLITAN GROUP**  
O 231 Regina Ave  
Victoria Native Friendship Centre
- 8:00 pm **FREE AND EASY GROUP**  
C-WA 511 Michigan (James Bay Church)
- 8:00-9.30 pm **VIEW ROYAL GROUP**  
C 294 Stewart Ave (All Saints Church)
- 8:00 pm **COBBLE HILL DISCUSSION**  
O 3140 Cameron / Taggart
- 8:30 pm **BRENTWOOD FRIDAY NIGHT**  
C-WA 7176 E. Saanich Road (Shady Creek Church)
- 10:00 pm **DISCOVERY – NIGHT OWL DISCUSSION**  
C-CL 627 E Dunedin

## SATURDAY

- 6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat. O 511 Michigan (James Bay United Church)
- 8:00 am **SIDNEY NOON SERENITY**  
O-WA 10030 - 3rd St. (St. Elisabeth's Church)
- 12 Noon **DISCOVERY – DISCUSSION**  
O 627E Dunedin
- 12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb Church)  
Entrance to Kirk Hall behind Church
- 12 Noon **ESQUIMALT REC. GROUP**  
C 527 Fraser St. Esquimalt Rec Centre  
Kanaka Room
- 12 Noon **SIDNEY NOON SERENITY**  
O-WA 10030 - 3<sup>rd</sup> Street (St. Elisabeth's Church)
- 3:00 pm **SERENITY BY THE SEA PORT RENFREW**  
O #150 Pachidah Rd on Native Reserve
- 7:30 pm **DOWNTOWN MEETING**  
O 525 Johnson St. (Corner Johnson/Wharf)  
Salvation Army community dining room
- 7:30 pm **DISCOVERY – BIG BOOK DISCUSSION**  
C 627E Dunedin
- 7:30 pm **MOUNT VIEW – BIG BOOK**  
O-WA 2166 Mt. Newton Cross Road  
Saanich Hospital next to cafeteria
- 8:00 pm **SATURDAY NIGHT LIVE LANGFORD**  
O-WA-CL 798 Goldstream (Lady of the Rosary Church)
- 10:00 pm **DISCOVERY – AFTER HOURS DISC**  
C-CL 627E Dunedin

## HOME GROUPS

### ALL MEETINGS CLOSED

#### MONDAY

8:00 pm **KHARMA** (Men's) 250-658-6598

#### WEDNESDAY

8:00 pm **CENTENNIAL # 7** (mixed) 250-478-7664  
8:00 pm **ACCEPTANCE 1** (Men's) 250-592-2551

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**STEERING COMMITTEE MEETING:** 1<sup>st</sup> Thursday of month, 6 pm  
8-20202 Douglas Street

**INTERGROUP MEETING:** 1<sup>st</sup> Thursday of the month, 7:30pm  
901 Kings Street (Quadra Village Community Center)

**5 DISTRICTS MEETING:** 4<sup>th</sup> Sunday of the month, 2pm  
1611 Quadra @ Mason (St. John de Divine Church)

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**INSTITUTION MEETINGS:** CLEARANCE REQUIRED

**William Head** (Beachcombers) Tuesday 8:00 pm Sharp

**Wilkinson Road** Wednesday 6:30 pm

**Please call or email your Central Office for contact information**

## SUNDAY

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C/Last Sat O WA 511 Michigan (James Bay United Church)

8:00 am **SIDNEY NOON SERENITY**  
O-WA 10030 - 3rd St. (St. Elisabeth's Church)

10-12 Noon **SUNDAY BREAKFAST MEETING**  
O-WA 3277 Douglas St. Ukrainian Cultural Centre)  
Breakfast 10-11am-meeting 11am-12 noon

12:30 pm **JOE & CHARLIE - BIG BOOK STUDY, CD**  
O 627 E Dunedin

2:30 pm **DISCOVERY - DISCUSSION**  
O 627E Dunedin

6:00 pm **CHOICES AA**  
O-WA 94 Talcott Rd (Old Juvenile Centre)  
Park in back parking lot, ring doorbell @ back gate

7:30-8:30pm **WESTSHORE WOMAN'S SOLUTIONS**  
O-WA 935 Goldstream Ave (Gordon United Church)  
Big Book Stories Discussion

7:30 pm **DISCOVERY - DISCUSSION**  
C 627E Dunedin

7:30 pm **12 X 12 STEPS TO SOBRIETY**  
C 10364 Mc Donald Park Rd  
(Highway Fellowship Church) SIDNEY

7:30 pm **FEARLESS & THOROUGH BB STUDY**  
O 511 Michigan James Bay (United Church)

7:30 pm **WOMEN IN RECOVERY SOOKE**  
C/Last O WA 1962 Murray Rd (Holy Trinity Church)

8:00 pm **LAST CHANCE BIG BOOK STUDY**  
C-WA 500 Admirals/Lyall St. Lyall St Entrance  
(Esquimalt United Church)

8:00 pm **LOST & FOUND St Matthias Church**  
C-Last O 600 Richmond Ave. / Richardson

8:00 pm **SUNDAY NIGHT ACTION GRP.**  
274 Hampton Rd. Burnside Lawn Bowling Club  
(Entrance next to Hampton Park sign)

8:00 pm **WESTSHORE BASICS - BIG BOOK**  
C-WA 798 Goldstream LANGFORD

### GULF ISLAND MEETINGS

**GALIANO ISLAND** 1-250-539-3090  
MON C/Last O 7-8pm **TRAILBLAZERS GRP** Disc  
300 Burrill Rd, Anglican Church, Around back porch/room in back

**PENDER ISLAND** 1-250-526-0550  
Women 1-250-629-3205

**FIFTH TRADITION GROUP** Plum Tree Court (Lounge),  
TUE O,THU C-Last O SUN C 7:30  
5719 Canal Rd. (#7 Bldg, beside parking lot)

**MAYNE ISLAND** 24/7; George B1- 604-418-3846  
**SUN** O-WA 9:00am **HEARTS OF MAYNE GROUP**  
Mayne Island Health Centre, lower level 526 Felix Jack Rd

**HORNBY ISLAND** 1-250-335-2243 or 1-250-335-1887  
WED & SAT O 7:30 p **RECYCLED GROUP**  
Hornby Island Community Health Care Center  
1965 Sollan Road

**SATURNA ISLAND Straits & Narrows meeting**  
Thu 7:30pm, St Christopher Church, (basement)  
140 East Point Road. Contacts; Robert: 250-539-2000 Keith 250-812-2323

## CONTACTS FOR UP-ISLAND MEETINGS

Campbell River >> Campbell River Alano Club  
301-10<sup>th</sup> Ave: 250-287-2911  
Port Alice >> District Answering Service  
Port McNeil /Port Hardy 250-287-4313  
Sayward, Tahasis, Quadra Island

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Courtenay >> Courtenay Alano Club  
Comox 543 - 6th St. 250-338-0041  
Denman Island Answering Service 250-338-8042

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Duncan >> Duncan Alano Club  
Chemainus 210-107 Evans 250-748-0724  
Lk. Cowichan >> Answering Service  
District #8 1-866-233-5255

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Nanaimo >> Nanaimo C.O. Unit 212  
Ladysmith 285 Prideaux 1-250-753-7513

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Parksville >> Answering Service  
Qualicum 1-800-883-3968

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Port Alberni >> Alano Club 250-724-3911  
Answering Serv 1-800-883-3968

## SALT SPRING ISLAND MEETINGS

**MON** O-WA 12 Noon **WELCOME GROUP** Big Book Disc.  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C 12 Noon **WOMAN'S MEETING**  
135 Drake Road, behind Catholic Church  
C-WA 8:00 p **UNITY GROUP** Big Book Study  
145 Vesuvius Bay Rd, Portlock Park. In Portable

**TUE** O-WA 12 Noon **WELCOME GROUP** As Bill Sees It  
901 North End Road, Central Hall (Fritz theatre downstairs)

**WED** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C-WA 8:00 p **UNITY GRP.** Step & Tradition Study  
135 Crofton Rd, Lionel Beech Annex (behind Lady Minto Hosp)

**THU** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**FRI** O-WA 12 Noon **WELCOME GROUP** Step & Trad Disc  
901 North End Road, Central Hall (Fritz theatre downstairs)  
O-WA 8:00 p **PHOENIX** Big Book Discussion Group  
379 Lower Ganges Road, Senior Centre

**SAT** O-WA 12 Noon **WELCOME GROUP** 11<sup>th</sup> Step Meeting  
901 North End Road, Central Hall (Fritz theatre downstairs)

**SUN** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**AA CONTACT 250-221-1559**