

# AA MEETING DIRECTORY

# OCT-NOV-DEC 2018

**GREATER VICTORIA INTERGROUP  
AA CENTRAL OFFICE  
#8-2020 Douglas Street  
VICTORIA, BC V8T 4L1**

**24 Hr. HELP LINE: (250) 383-7744**

**Business Line: (250) 383-0415  
Monday – Friday: 9:30 am – 5:00 pm**

**E-mail: [vicintgpco@shaw.ca](mailto:vicintgpco@shaw.ca)**

On line meeting directory is updated monthly.  
For any recent changes visit our website;

**Website: [www.aavictoria.ca](http://www.aavictoria.ca)**

#### DISCLAIMER

A directory listing does not constitute or imply approval or endorsement of any group's or meeting's approach to or practice of the traditional AA Program.

#### ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can:

	<b>Yes</b>	<b>No</b>
1. Do you lose time from work due to drinking?	___	___
2. Is drinking making your home life unhappy?	___	___
3. Do you drink because you are shy with people?	___	___
4. Is drinking affecting your reputation?	___	___
5. Have you ever felt remorse after drinking?	___	___
6. Have you gotten into financial difficulties as a result of your drinking?	___	___
7. Do you turn to lower companions and an inferior environment when drinking?	___	___
8. Does your drinking make you careless of your family's welfare?	___	___
9. Has your ambition decreased since drinking?	___	___
10. Do you crave a drink at a definite time daily?	___	___
11. Do you want a drink the next morning?	___	___
12. Does drinking cause difficulty in sleeping?	___	___
13. Has your efficiency decreased since drinking?	___	___
14. Is drinking jeopardizing your job or business?	___	___
15. Do you drink to escape from worries or trouble?	___	___
16. Do you drink alone?	___	___
17. Have you ever had a complete loss of memory (known as a blackout) as a result of drinking?	___	___
18. Has a physician ever treated you for drinking?	___	___
19. Do you drink to build up your self-confidence?	___	___
20. Have you ever been to a hospital or institution on account of drinking?	___	___

If you answered "yes" to three or more questions, you may be an alcoholic. Reprinted from Pamphlet P9 with permission from AAWS.

#### BUS ROUTES TO MEETINGS

Meeting Location	Bus#	Stop	NB = Night bus
500 Admirals	6,25,26	Esquimalt & Admirals	
626 Blanshard	7	Fairfield @ Blanchard & Quadra	
902 Caledonia Ave	6,17	Quadra @ Caledonia	
2110 Church Rd; Sooke	61	Sooke & Church	
1600 Cook (corner of Mason)	27,28,2,2A,25,24	27, 28 Cook & Pandora	
680 Courtney	50,70,72,73	Douglas passed Courtney	
3020 Douglas Street	All busses	Down Douglas	
4030 Douglas Street	17,51	Mc Kenzie @ Douglas	
627E Dunedin	11	Gorge & Dunedin	
7176 East Saanich	72	East Saanich & Dogwood.	
1379 Esquimalt Road	15,25,26	Esquimalt @ Foster/Grafton	
3800 Finnerty		UVIC Exchange	
845 Fisgard Street Street	6, 17	Quadra @ Northpark	
1273 Fort @ Moss	11,14,22	Fort @ moss	
527 Fraser Street	15,26	Esquimalt @ Park/Fraser	
537 Glencairn Lane	52	Between Goldstream & Kelly	
798 Goldstream	50	Goldstream @ Peat	
935 Goldstream	50	Goldstream @ Spencer	
4049 Gordon Head Road	27	Gordon Head @Ventura/Graduation	
274 Hampton Rd	21,22,26	Burnside & Orillia	
Within walking distance	8,11	Tillicum & Burnside	
2060 Haultain	11	NB: # 11 @ Fort & Foul Bay	
525 Johnson St	10,15	Wharf @ Yates	
2410 Malaview@ Fifth	72,81,82	Resthaven @ Malaview	
511 Michigan	30,31	Superior & Menzies	
1355 Mitchell @ Granite	2,7,8	Oak Bay & Foul Bay	
2166 Mt Newton X Road	75,81,82	East Saanich & Mt Newton	
1962 Murray Road	61,64	Sooke @ Shields	
921 North Park St	6,17	Quadra @ North park/Caledonia	
550 Obed Avenue	11	Obed @ Dysart	
1161 Princess & Chambers	24,25	Cook & Princess	
902 Quadra Street	6,17	Quadra @ Caledonia	
231 Regina Ave	8,11, 21,22	Burnside & Tillicum	
Within walking distance	50,61	Trans Can Hwy & Tillicum	
2964 Richmond Road	27,28	Shelbourne @ Haultain	
600 Richmond Road	3,7	Fairfield @ Richmond	
2137 Royal Jubilee Hospital	8,11,14	Fort @ Richmond	
2612 Sooke Road	61	Between Jacklin & Happy Valley	
3703 St Aiden's	14 UVIC	Richmond & Cedar Hill X	
294 Stewart Ave	14 Vic General	Old Island Hwy & Helmcken	
110030 Third St; Sidney	72	Fifth & Henry	
1095 Tolmie Ave	6,17	Quadra @ Tolmie	
2191 Townsend	61	Sooke @ Townsend	
4566 West Saanich Road	6,3,31,35	Saanich @ Pipeline	
9300 Willingdon Rd	72	Mc Tavish Exchange	

**FOR BUS INFORMATION CALL: 250- 382-6161**

## MONDAY

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA-Last Sat O 511 Michigan (James Bay United Church)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **KEYSTONE – DISCUSSION**  
C-WA Last Mon O 1161 Princess / Chambers (Cornerstone Church)

12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin

12 Noon **AN OPEN MIND**  
C-WA 1600 Cook/Mason (Open Door Church)

12 Noon **SIDNEY NOON SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

12 Noon **BASIC PRINCIPLES**  
O-WA 798 Goldstream (Lady of the Rosary Church)

6:00 pm **SOBERETTES** WOMEN ONLY  
C-WA 4030 Douglas Street (Salvation Army Citadel)

7:00 pm **FAIRFIELD GROUP**  
O-WA 1273 Fort St. (Grace Lutheran Church)

7:00 pm **SERENITY BY THE SEA**  
O-WA 6638 Deering Rd (Port Renfrew Rec Centre)

7:30 pm **GORDON HEAD BIG BOOK STUDY**  
O-WA 4049 Gordon Head Rd (Holy Cross Church)  
Entrance back parking lot

7.30 pm **OLD SCHOOL AA**  
O-WA 500 Admirals Rd ( Esquimalt United Church)  
Upstairs off main entrance

7:30 pm **SIXTY MINUTES**  
O 550 Obed Ave (City Lights Church)

7:30 pm **GENERATION NEXT: YOUNG PEOPLE**  
O-WA 1095 Tolmie Ave (Parkdale Evangelical Church)

7:30 pm **DISCOVERY – BEGINNERS meeting**  
O 627E Dunedin

7:30 pm **PEACE GROUP - DISCUSSION**  
C/Last O 2060 Haultain Street (St Patrick's Church)

7:30 pm **OTTER POINT # 1** SOOKE  
O 1962 Murray Rd (Holy Trinity Church)

8:00 pm **DOMINION ROAD GROUP**  
C 511 Michigan (James Bay United Church)  
Upstairs meeting room

7:30 pm **FRONTRUNNERS (LBGTQ)**  
C 511 Michigan (James Bay United Church)  
Downstairs meeting room

7:30 pm **MT. NEWTON STEP**  
C 7176 E Saanich Rd. (Shady Creek Church)

8:00 pm **HAPPY VALLEY DISC. GRP.**  
C-WA-Last O 798 Goldstream (Lady of the Rosary Church)

7:30 pm **COBBLE HILL DISCUSSION**  
C 3141 Cameron / Taggart

## TUESDAY

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat O 511 Michigan (James Bay United Church)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **KEYSTONE – 12&12 STEP (Cornerstone Church)**  
C-WA Last Mon O 1161 Princess off Cook / Chambers

12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin

12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030-3rd St. (St. Elisabeth's Church)

6:00 pm **BEAR MOUNTAIN GROUP**  
O-WA 798 Goldstream Ave (Lady of the Rosary Church)

7:15-8:15 pm **SIDNEY AIRPORT MEETING STEP MEETING**  
O-WA 9300 Willingdon Rd (Resthaven 7<sup>th</sup> Day Adventist Ch)

7:30 pm **PEACE OF MIND – AA LITERATURE**  
O 4566 W Saanich Rd (Saanich Community Church)  
(entrance to meeting through double side doors)

7:30 pm **MORE UNFINISHED BUSINESS** <sup>BB study</sup> SOOKE  
O-WA 2191 Townsend Rd (St Rose of Lima Church)

7:30 pm **DISCOVERY – DISCUSSION**  
C 627E Dunedin

7:30 pm **C.L.U.E. GROUP** WOMEN ONLY  
C/Last O 2060 Haultain (St Patrick's Church)

7:45 pm **THE HUDDLE** STEP & DISC MEN ONLY  
C 1273 Fort St / Moss (Grace Lutheran Church)  
(Upstairs)

8:00 pm **PROCESS TO RECOVERY BIG BOOK**  
O 845 Fisgard St (Fisgard Forum)

8:00 pm **TUESDAY NIGHT ESQUIMALT** (scent free)  
C 1379 Esquimalt Rd. ( St Paul's Anglican Church)

8:00 pm **GLEN LAKE FAITH – 12 & 12**  
C-WA 798 Goldstream (Lady of the Rosary Church)

8:00 pm **TUESDAY HAPPY HOUR**  
C 2375 Koksilah Rd Cowichan Station  
(The Hub)

8:00 pm **LIVING TODAY - DISCUSSION**  
C-WA 3703 St. Aiden's (St. Aiden's Church)  
North Richmond Road / Cedar Hill Cross Road

**WEDNESDAY**

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA –Last O 511 Michigan (James Bay Church)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **THE LUNCH BUNCH WOMEN**  
C-WA 511 Michigan (James Bay United Church)

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **H.I.T.L.I.S.T. –DISCUSSION (COLWOOD)**  
C/Last O WA 537 Glencairn Lane (Emery Community Hall)

12 Noon **KEYSTONE – BIG BOOK STUDY**  
C-WA Last Mon O 1161 Princess / Chambers (Cornerstone Church)

12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin

12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030-3rd St. (St. Elisabeth's Church)

5:45-6:45 pm **DISCOVERY WOMEN ONLY**  
C 627 E Dunedin (Literature meeting)

7:30 pm **THE MISFITS**  
O-WA 902 A Caledonia Ave, Quadra Terrace Building

7:30 pm **FRIENDSHIP GROUP NATIVE**  
O-WA 231 Regina Ave Victoria Native Friendship Centre

7:30 pm **DISCOVERY – BEGINNERS MEETING**  
O 627E Dunedin

7:30 pm **FREEDOM GROUP – BIG BOOK**  
O-WA Royal Jubilee Hospital, Patient Care Centre  
Main Floor- room 150 *location is scent free*

7:30 pm **THE GRAPEVINE GROUP**  
C/Last O WA 2166 Mt. Newton Cross Road (Hospital)  
Next to cafeteria

7:30 pm **PEACE GROUP OAK BAY**  
C 2060 Haultain (St Patrick's Church)

7:30 pm **STEPPING STONES DISCUSSION**  
C/First O 3565 Watson Ave/Fisher Rd (Youth Hall)  
(Cobble Hill Village)

8: pm **AGE OF MIRACLES - BIG BOOK**  
C/last O 2612 Sooke Road (The Forge Church)

8:00 pm **WALK THE WALK**  
C/Last O WA 1273 Fort St. / Moss (Grace Luth. Church)

8:00 pm **CORPUS VERITAS – BB/12&12/DISC**  
C/Last O WA 1355 Mitchell / Granite (United Church)

**MEETING TYPE CODE**

**O** Open Meeting: Everyone is welcome  
**C/last O** Usually Closed: Open for Birthdays  
**C** Closed Meeting: For AA members only  
 or anyone with a drinking problem.  
**CL** Candle light meeting  
**WA** Wheelchair Accessible

**THURSDAY**

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat O 511 Michigan (James Bay United Church.)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **DISCOVERY – DISCUSSION**  
C 627E Dunedin

12 Noon **IT WORKS – BIG BOOK/ 12&12**  
C 600 Richmond Ave. / Richardson

12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030 3<sup>rd</sup> Street (St. Elisabeth Church)

12 Noon **EASY DOES IT – DISCUSSION SOOKE**  
O 2191 Townsend Rd (St. Rose of Lima Church)

6:30 pm **ESQUIMALT REC. GROUP 12 & 12**  
C 527 Fraser St. (Esquimalt Rec Centre)  
Fernhill Room

7:30 pm **AKRON GROUP – 12 & 12**  
O-WA 1273 Fort Street/Moss (Grace Lutheran Church)

7:30 pm **GENERATION NEXT: YOUNG PEOPLE**  
C/WA/Last O 1095 Tolmie Ave (Parkdale Evangelical Church)

7:30 pm **PEACE GROUP - STEP & TRADITION**  
C 2060 Haultain St (St Patrick's Church)

7:30 pm **SOBER RIDERS GROUP**  
O-WA 231 Regina Ave (Native Friendship Centre)

7:30 pm **DISCOVERY – TRADITION**  
O 627E Dunedin

7:30 pm **ANY LENGTH – 12 &12**  
C-WA 626 Blanshard (Church of our Lord)

7:30 pm **RICHMOND ROAD GROUP**  
C/Last-O 2964 Richmond Road  
(Knox Presbyterian Church,downstairs)

8:00 pm **PROTON GROUP (Agnostic format)**  
O-WA 511 Michigan (James Bay United)

8:00 pm **SIDNEY THURSDAY NIGHT**  
C-WA 2410 Malaview / 5<sup>th</sup> St. (St. Paul's Church)

7:30 pm **COBBLE HILL DISCUSSION**  
C 3140 Cameron / Taggart

8:00 pm **WESTSHORE BASICS - 12 & 12**  
O-WA-CL 798 Goldstream (Lady of the Rosary Church)

## FRIDAY

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat O 511 Michigan (James Bay Church)

7:00 am **SIDNEY MORNING SERENITY**  
C 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)

9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)

12 Noon **KEYSTONE – TRADITION**(Cornerstone Church)  
C-WA Last Mon O 1161 Princess / Chambers

12 Noon **WOMEN'S FRIDAY NOON**  
C/Last O WA 511 Michigan (James Bay Church)

12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin

12 Noon **OAK BAY RECOVERY**  
C/Last O WA 1355 Mitchell / Granite (United Church)

12 Noon **WALK THE WALK FRIDAY NOONER**  
C/Last O WA 1273 Fort St / Moss (Grace Lutheran Church)

12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030 - 3rd St. (St. Elisabeth's Church)

12 Noon **LIVE & LET LIVE – BIG BOOK DISC**  
O-WA 798 Goldstream (Lady of the Rosary Church)

5:15 p **DISCOVERY – P.O.E.T.S. DISC**  
C 627E Dunedin

7:30 pm **FRIDAY NIGHT DISCUSSION**  
O 525 Johnson St. (Corner Johnson/Wharf)  
Salvation Army community dining room

7:30 pm **DISCOVERY – BEGINNERS meeting**  
O 627E Dunedin

7:30 pm **AKRON AS BILL SEES IT**  
O-WA 1273 Fort Street / Moss (Grace Lutheran)

7:30-9 pm **SOOKE BIG BOOK STUDY**  
C-WA 2191 Townsend Rd (St Rose of Lima Church)

8:00 p **TRADITIONALLY SPEAKING**  
C 935 Goldstream Ave (Gordon United Church)  
Guest Speaker: Last Fri of the month

8:00 pm **METROPOLITAN GROUP**  
O 231 Regina Ave  
Victoria Native Friendship Centre

8:00 pm **FREE AND EASY GROUP**  
C-WA 511 Michigan (James Bay Church)

8:00-9.30 pm **VIEW ROYAL GROUP**  
C 294 Stewart Ave (All Saints Church)

7:30 pm **COBBLE HILL DISCUSSION**  
O 3140 Cameron / Taggart

8:30 pm **BRENTWOOD FRIDAY NIGHT**  
C-WA 7176 E. Saanich Road (Shady Creek Church)

10:00 pm **DISCOVERY – NIGHT OWL DISCUSSION**  
C 627 E Dunedin

## SATURDAY

6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat. O 511 Michigan (James Bay United Church)

8:00 am **SIDNEY NOON SERENITY**  
O-WA 10030 - 3rd St. (St. Elisabeth's Church)

12 Noon **DISCOVERY – DISCUSSION**  
O 627E Dunedin

12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb Church)  
Entrance to Kirk Hall behind Church

12 Noon **ESQUIMALT REC. GROUP**  
C 527 Fraser St. Esquimalt Rec Centre  
Kanaka Room

12 Noon **SIDNEY NOON SERENITY**  
O-WA 10030 - 3<sup>rd</sup> Street (St. Elisabeth's Church)

7:30 pm **DOWNTOWN MEETING**  
O 525 Johnson St. (Corner Johnson/Wharf)  
Salvation Army community dining room

7:30 pm **DISCOVERY – BIG BOOK DISCUSSION**  
C 627E Dunedin

7:30 pm **MOUNT VIEW – BIG BOOK**  
O-WA 2166 Mt. Newton Cross Road  
Saanich Hospital next to cafeteria

8:00 pm **SATURDAY NIGHT LIVE LANGFORD**  
O-WA-CL 798 Goldstream (Lady of the Rosary Church)

10:00 pm **DISCOVERY – AFTER HOURS DISC**  
C 627E Dunedin

### HOME GROUPS

#### ALL MEETINGS CLOSED

#### MONDAY

8:00 pm **KHARMA** (Men's) 250-658-6598

#### WEDNESDAY

8.00 pm **CENTENNIAL # 7** (mixed) 250-478-7664  
8:00 pm **ACCEPTANCE 1** (Men's) 250-592-2551

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**STEERING COMMITTEE MEETING:** 1<sup>st</sup> Thursday of month, 6:15 pm  
8-20202 Douglas Street

**INTERGROUP MEETING:** 1<sup>st</sup> Thursday of the month, 7:30pm  
901 Kings Street (Quadra Village Community Center)

**5 DISTRICTS MEETING:** 4<sup>th</sup> Sunday of the month, 2pm  
1611 Quadra @ Mason (St. John de Divine Church)

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**INSTITUTION MEETINGS:** CLEARANCE REQUIRED

**William Head** (Beachcombers) Tuesday @ 8:00 pm Sharp

**Wilkinson Road** Wednesday @ 6:30 pm

**Please call or email your Central Office for contact information**

## SUNDAY

- 6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C/Last Sat O WA 511 Michigan (James Bay United Church)
- 8:00 am **SIDNEY NOON SERENITY**  
O-WA 10030 - 3rd St. (St. Elisabeth's Church)
- 9:30-10:30 am **KEEP IT SIMPLE** Balmoral Gardens  
C-WA Building, 921 North Park St.  
Ring buzzer # 09 for board room
- 10-12 Noon **SUNDAY BREAKFAST MEETING**  
O-WA 3277 Douglas St. Ukrainian Cultural Centre)  
Breakfast 10-11am-meeting 11am-12 noon
- 12:30 pm **JOE & CHARLIE - BIG BOOK STUDY, CD**  
O 627 E Dunedin
- 2:30 pm **DISCOVERY - DISCUSSION**  
O 627E Dunedin
- 7:30-8:30pm **WESTSHORE WOMAN'S SOLUTIONS**  
O-WA 935 Goldstream Ave (Gordon United Church)  
Big Book Stories Discussion
- 7:30 pm **DISCOVERY - DISCUSSION**  
C 627E Dunedin
- 7:30 pm **FEARLESS & THOROUGH BB STUDY**  
O 511 Michigan James Bay (United Church)
- 7:30 pm **WOMEN IN RECOVERY SOOKE**  
C/Last O WA 1962 Murray Rd (Holy Trinity Church)
- 8:00 pm **LAST CHANCE BIG BOOK STUDY**  
C-WA 500 Admirals/Lyall St. Lyall St Entrance  
(Esquimalt United Church)
- 8:00 pm **LOST & FOUND St Matthias Church**  
C-Last O WA 600 Richmond Ave. / Richardson
- 8:00 pm **SUNDAY NIGHT ACTION GRP.**  
274 Hampton Rd. Burnside Lawn Bowling Club  
Entrance next to Hampton Park sign
- 8:00 pm **WESTSHORE BASICS - BIG BOOK**  
C-WA 798 Goldstream LANGFORD

## GULF ISLAND MEETINGS

- GALIANO ISLAND** 1-250-539-3090  
**TRAILBLAZERS GRP** Disc, **MON** C/Last O, 7-8pm  
300 Burrill Rd, Anglican Church, Around back porch/room in back
- PENDER ISLAND** 1-250-526-0550  
Women 1-250-629-3205
- FIFTH TRADITION GROUP** Plum Tree Court (Lounge),  
**TUE** O,THU C-Last O **SUN** C 7:30  
5719 Canal Rd. (#7 Bldg, beside parking lot)
- MAYNE ISLAND HEARTS OF MAYNE GROUP**  
**SUN** 9 am, Mayne Island Health Centre, lower level,  
526 Felix Jack Rd. Contact; 1- 604-418-3846
- HORNBY ISLAND** 1-250-335-2243 or 1-250-335-1887  
**WED & SAT** O 7:30 p **RECYCLED GROUP**  
Hornby Island Community Health Care Center  
1965 Sollan Road
- SATURNA ISLAND Straits & Narrows meeting**  
**THU** 7:30pm, St Christopher Church, (basement)  
140 East Point Road. Contacts; Robert: 250-539-2000  
Keith 250-812-2323

## CONTACTS FOR UP-ISLAND MEETINGS

- Campbell River >> Campbell River Alano Club  
301-10<sup>th</sup> Ave: 250-287-2911
- Port Alice >> District Answering Service  
Port McNeil /Port Hardy 250-287-4313  
Sayward, Tahasis, Quadra Island
- 
- Courtenay >> Courtenay Alano Club  
Comox 543 - 6th St. 250-338-0041  
Denman Island Answering Service 250-338-8042
- 
- Duncan >> Duncan Alano Club  
Chemainus 210-107 Evans 250-748-0724  
Lk. Cowichan >> Answering Service  
District #8 1-866-233-5255
- 
- Nanaimo >> Nanaimo C.O. Unit 212  
Ladysmith 285 Prideaux 1-250-753-7513
- 
- Parksville >> Answering Service  
Qualicum 1-800-883-3968
- 
- Port Alberni >> Alano Club 250-724-3911  
Answering Serv 1-800-883-3968

## SALT SPRING ISLAND MEETINGS

- MON** O-WA 12 Noon **WELCOME GROUP** Big Book Disc.  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C-WA 8:00 p **UNITY GROUP** Big Book Study  
145 Vesuvius Bay Rd, Portlock Park. In Portable
- TUE** O-WA 12 Noon **WELCOME GROUP** As Bill Sees It  
901 North End Road, Central Hall (Fritz theatre downstairs)
- WED** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C 4-5pm **WOMAN'S MEETING**  
135 Drake Road, behind Catholic Church  
C-WA 8:00 p **UNITY GRP.** Step & Tradition Study  
135 Crofton Rd, Lionel Beech Annex (behind Lady Minto Hosp)
- THU** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)
- FRI** O-WA 12 Noon **WELCOME GROUP** Step & Trad Disc  
901 North End Road, Central Hall (Fritz theatre downstairs)  
O-WA 8:00 p **PHOENIX** Big Book Discussion Group  
379 Lower Ganges Road, Senior Centre
- SAT** O-WA 12 Noon **WELCOME GROUP** 11<sup>th</sup> Step Meeting  
901 North End Road, Central Hall (Fritz theatre downstairs)
- SUN** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**AA CONTACT 250-221-1559**