

# AA MEETING DIRECTORY JUL-AUG-SEP 2020

**GREATER VICTORIA INTERGROUP  
AA CENTRAL OFFICE  
#8-2020 Douglas Street  
VICTORIA, BC V8T 4L1**

**24 Hr. HELP LINE: (250) 383-7744**

**Business Line: (250) 383-0415  
Monday – Friday: 9:00 am – 4:00 pm**

Call office before you come in  
Things are changing due to covid

**E-mail: [vicintgpc@shaw.ca](mailto:vicintgpc@shaw.ca)**

On line meeting directory is updated monthly.  
For any recent changes visit our website;

**Website: [www.aavictoria.ca](http://www.aavictoria.ca)**

#### DISCLAIMER

A directory listing does not constitute or imply approval or endorsement of any group's or meeting's approach to or practice of the traditional AA Program.

**IN PERSON MEETINGS ARE HIGHLIGHTED**

**UPDATED AUG 25 2020**

#### ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can:

	Yes	No
1. Do you lose time from work due to drinking?	___	___
2. Is drinking making your home life unhappy?	___	___
3. Do you drink because you are shy with people?	___	___
4. Is drinking affecting your reputation?	___	___
5. Have you ever felt remorse after drinking?	___	___
6. Have you gotten into financial difficulties as a result of your drinking?	___	___
7. Do you turn to lower companions and an inferior environment when drinking?	___	___
8. Does your drinking make you careless of your family's welfare?	___	___
9. Has your ambition decreased since drinking?	___	___
10. Do you crave a drink at a definite time daily?	___	___
11. Do you want a drink the next morning?	___	___
12. Does drinking cause difficulty in sleeping?	___	___
13. Has your efficiency decreased since drinking?	___	___
14. Is drinking jeopardizing your job or business?	___	___
15. Do you drink to escape from worries or trouble?	___	___
16. Do you drink alone?	___	___
17. Have you ever had a complete loss of memory (known as a blackout) as a result of drinking?	___	___
18. Has a physician ever treated you for drinking?	___	___
19. Do you drink to build up your self-confidence?	___	___
20. Have you ever been to a hospital or institution on account of drinking?	___	___

If you answered "yes" to three or more questions, you may be an alcoholic. Reprinted from Pamphlet P9 with permission from AAWS.

## BUS ROUTES TO MEETINGS

Meeting Location	Bus#	Stop	NB = Night bus
500 Admirals	6,25,26	Esquimalt & Admirals	
626 Blanshard	7	Fairfield @ Blanchard & Quadra	
2120 Church Rd; Sooke	61-64-65	Sooke & Church	
1600 Cook (corner of Mason)	27,28,2,2A,25,24	27, 28 Cook & Pandora	
680 Courtney	50,70,72,73	Douglas passed Courtney	
3020 Douglas Street	All busses	Down Douglas	
4030 Douglas Street	17,51	Mc Kenzie @ Douglas	
627E Dunedin	11	Gorge & Dunedin	
7176 East Saanich	72	East Saanich & Dogwood.	
1379 Esquimalt Road	15,25,26	Esquimalt @ Foster/Grafton	
829 Fort Street	3,6,11,14,22	Fort @ Blanshard	
1273 Fort @ Moss	11,14,22	Fort @ Moss	
527 Fraser Street	15,26	Esquimalt @ Park/Fraser	
595 Galiano Crescent	43	Belmont @ Lascelle	
537 Glencairn Lane	52	Between Goldstream & Kelly	
798 Goldstream	50	Goldstream @ Peat	
935 Goldstream	50	Goldstream @ Spencer	
4049 Gordon Head Road	27	Gordon Head @Ventura/Graduation	
274 Hampton Rd	21,22,26	Burnside & Orillia	
Within walking distance	8,11	Tillicum & Burnside	
2060 Haultain	11	NB: # 11 @ Fort & Foul Bay	
525 Johnson St	10,15	Wharf @ Yates	
901 Kings Road	6	Quadra @ Kings	
2410 Malaview@ Fifth	72,81,82	Resthaven @ Malaview	
511 Michigan	30,31	Superior & Menzies	
1355 Mitchell @ Granite	2,7,8	Oak Bay & Foul Bay	
2166 Mt Newton X Road	75,81,82	East Saanich & Mt Newton	
1962 Murray Road	61,64	Sooke @ Shields	
921 North Park St	6,17	Quadra @ North park/Caledonia	
550 Obed Avenue	11	Obed @ Dysart	
1125 Pembroke Street	6	Quadra @ Princess Chrystal pool	
1161 Princess & Chambers	24,25	Cook & Princess	
902 Quadra Street	6,17	Quadra @ Caledonia	
231 Regina Ave	8,11, 21,22	Burnside & Tillicum	
Within walking distance	50,61	Trans Can Hwy & Tillicum	
2964 Richmond Road	27,28	Shelbourne @ Haultain	
600 Richmond Road	3,7	Fairfield @ Richmond	
2137 Royal Jubilee Hospital	8,11,14	Fort @ Richmond	
2612 Sooke Road	61	Between Jacklin & Happy Valley	
2250 Sooke Road	48,52,54,60,61	Sooke \$ Ridley	
3703 St Aiden's	14 UVIC	Richmond & Cedar Hill X	
721 Station Ave	Langford Station	On Station Avenue	
110030 Third St; Sidney	72	Fifth & Henry	
1095 Tolmie Ave	6,17	Quadra @ Tolmie	
2191 Townsend	61	Sooke @ Townsend	
4566 West Saanich Road	6,3,31,35	Saanich @ Pipeline	
4351 West Saanich Road	6,31,32,75	W Saanich 4360 Block	
9300 Willingdon Rd	72	Mc Tavish Exchange	

**FOR BUS INFORMATION CALL: 250- 382-6161**

## MONDAY

- 6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C-WA-Last Sat O 511 Michigan (James Bay United Church)
- 7:00 am **SIDNEY MORNING SERENITY**  
C-WA 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)
- 9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin
- 11:45am **BASIC PRINCIPLES moved Aug 31**  
O-WA 2250 Sooke Rd (Colwood Pentecostal) max 30 people
- 12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)
- 12 Noon **KEYSTONE – DISCUSSION**  
C-WA Last Mon O 1161 Princess / Chambers (Cornerstone Church)
- 12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin
- 12 Noon **AN OPEN MIND**  
C-WA 1600 Cook/Mason (Open Door Church)
- 12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)
- 5:00 pm **DUNEDIN DISCUSSION**  
C 627E Dunedin
- 6:00 pm **SOBERETTES WOMEN ONLY**  
C-WA 4030 Douglas Street (Salvation Army Citadel)
- 7:00 pm **ROSALIE WOMEN ONLY/Children welcome**  
O-WA 4351 West Saanich Rd (St Vincent de Paul Rosalie building)
- 7:00 pm **FAIRFIELD GROUP**  
O-WA 1273 Fort St. (Grace Lutheran Church)
- 7:00 pm **SERENITY BY THE SEA**  
O-WA 6638 Deering Rd (Port Renfrew Rec Centre)
- 7:15 pm **FRIENDS OF BILL W Big Book Disc MEN ONLY**  
C-WA 595 Galiano Crest (Our Lady of the Star Military Chapel) Belmont Park PMQ's
- 7:30 pm **GORDON HEAD BIG BOOK STUDY**  
O-WA 4049 Gordon Head Rd (Holy Cross Church) Entrance back parking lot
- 7:30 pm **OLD SCHOOL AA**  
O-WA 500 Admirals Rd ( Esquimalt United Church) Upstairs off main entrance
- 7:30 pm **SIXTY MINUTES meets in sanctuary**  
O 550 Obed Ave (City Lights Church)
- 7:30 pm **GENERATION NEXT: YOUNG PEOPLE**  
O-WA 1095 Tolmie Ave (Parkdale Evangelical Church)
- 7:30 pm **DISCOVERY – BEGINNERS meeting**  
O 627E Dunedin
- 7:30 pm **PEACE GROUP - DISCUSSION**  
C/Last O 2060 Haultain Street (St Patrick's Church)
- 7:30 pm **OTTER POINT # 1 SOOKE**  
O 1962 Murray Rd (Holy Trinity Church)
- 7:30 pm **FRONTRUNNERS (LBGTQ)**  
C 511 Michigan (James Bay United Church) Downstairs meeting room
- 7:30 pm **MT. NEWTON STEP**  
C 7176 E Saanich Rd. (Shady Creek Church)
- 7:30 pm **COBBLE HILL DISCUSSION**  
C 3141 Cameron / Taggart
- 8:00 pm **DOMINION ROAD GROUP**  
C 511 Michigan (James Bay United Church) Upstairs meeting room
- 8:00 pm **HAPPY VALLEY DISC. GRP.**  
C-WA-Last O 798 Goldstream (Lady of the Rosary Church)

## TUESDAY

- 6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C-WA Last Sat O 511 Michigan (James Bay United Church)
- 7:00 am **SIDNEY MORNING SERENITY**  
C-WA 10030 3<sup>rd</sup> St. (St. Elisabeth's Church)
- 9:30 am **DISCOVERY – STEP DISCUSSION**  
C 627E Dunedin
- 12 Noon **DAILY REPRIEVE**  
C 680 Courtney (St Andrew's Presb, Kirk Hall)
- 12 Noon **KEYSTONE – 12&12 STEP (Cornerstone Church)**  
C-WA Last Mon O 1161 Princess off Cook / Chambers
- 12 Noon **DISCOVERY - DISCUSSION**  
C 627E Dunedin
- 12 Noon **SIDNEY NOON SERENITY**  
C-WA 10030-3rd St. (St. Elisabeth's Church)
- 12 Noon **INTO ACTION new location Sept 1<sup>st</sup>**  
O-WA 2250 Sooke Rd (Colwood Pentecostal)
- 3:30 pm **THE CAPITAL BIG BOOK**  
O 829 Fort Street (The Hub)
- 5:00 pm **DUNEDIN DISCUSSION**  
C 627E Dunedin
- 6:00 pm **BEAR MOUNTAIN**  
O-WA 798 Goldstream Ave (Lady of the Rosary Church)
- 7:00 pm **C.L.U.E. GROUP WOMEN ONLY**  
C/Last O 2060 Haultain (St Patrick's Church)
- 7:15-8:15 pm **SIDNEY AIRPORT MEETING AA Literature**  
O-WA 9300 Willingdon Rd (Resthaven 7<sup>th</sup> Day Adventist Ch)
- 7:30 pm **PEACE OF MIND – AA LITERATURE**  
O 4566 W Saanich Rd (Saanich Community Church) (entrance to meeting through double side doors)
- 7:30 pm **MORE UNFINISHED BUSINESS BB study SOOKE**  
O-WA 2191 Townsend Rd (St Rose of Lima Church)
- 7:30 pm **DISCOVERY – DISCUSSION**  
C 627E Dunedin
- 7:30 pm **THE HUDDLE STEP & DISC MEN ONLY**  
C 1273 Fort St / Moss (Grace Lutheran Church) (large room)
- 8:00 pm **PROCESS TO RECOVERY BIG BOOK**  
O 1125 Pembroke Street (RAS room)
- 8:00 pm **TUESDAY NIGHT ESQUIMALT (scent free)**  
C 500 Admirals/Lyall. (Esquimalt United Church)
- 8:00 pm **GLEN LAKE FAITH – 12 & 12**  
C-WA 798 Goldstream (Lady of the Rosary Church)
- 8:00 pm **TUESDAY HAPPY HOUR**  
C 2375 Koksilah Rd Cowichan Station (The Hub)
- 8:00 pm **LIVING TODAY - DISCUSSION**  
C-WA 3703 St. Aiden's (St. Aiden's Church) North Richmond Road / Cedar Hill Cross Road

## WEDNESDAY

6:30 am C-WA-Last O	<b>DAYBREAK</b> 935 Goldstream Ave (Gordon United Church)
7:00 am C	<b>DISCOVERY MEN ONLY</b> 627E Dunedin
7:00 am C-WA –Last O	<b>ATTITUDE ADJUSTMENT</b> 511 Michigan (James Bay Church)
7:00 am C-WA	<b>SIDNEY MORNING SERENITY</b> 10030 3 <sup>rd</sup> St. (St. Elisabeth's Church)
9:30 am C	<b>DISCOVERY – STEP DISCUSSION</b> 627E Dunedin
12 Noon C-WA	<b>THE LUNCH BUNCH WOMEN</b> 511 Michigan (James Bay United Church)
12 Noon C	<b>DAILY REPRIEVE</b> 680 Courtney (St Andrew's Presb, Kirk Hall)
12 Noon C/Last O WA	<b>H.I.T.L.I.S.T. –DISCUSSION (COLWOOD)</b> 537 Glencairn Lane (Emery Community Hall)
12 Noon C-WA Last Mon O	<b>KEYSTONE – BIG BOOK STUDY</b> 1161 Princess / Chambers (Cornerstone Church)
12 Noon C	<b>DISCOVERY - DISCUSSION</b> 627E Dunedin
12 Noon C-WA	<b>SIDNEY NOON SERENITY</b> 10030-3rd St. (St. Elisabeth's Church)
5:45-6:45 pm C	<b>DISCOVERY WOMEN ONLY</b> 627 E Dunedin (Literature meeting)
7:30 pm O-WA	<b>SOBRIETY BY THE SEA (SOOKE)</b> 2154 Lazzar Rd (T'Sou-ke Nation band Office)
7:30 pm O-WA	<b>THE MISFITS</b> 104-731 Station Ave Hulitan Bldg
7:30 pm O-WA	<b>FRIENDSHIP GROUP NATIVE</b> 231 Regina Ave Victoria Native Friendship Centre
7:30 pm O	<b>DISCOVERY – BEGINNERS MEETING</b> 627E Dunedin
7:30 pm O-WA	<b>FREEDOM GROUP – BIG BOOK</b> Royal Jubilee Hospital, Patient Care Centre Main Floor- room 150 <i>location is scent free</i>
7:30 pm C/Last O WA	<b>THE GRAPEVINE GROUP</b> 2166 Mt. Newton Cross Road (Hospital) Next to cafeteria
7:30 pm C	<b>PEACE GROUP OAK BAY</b> 2060 Haultain (St Patrick's Church)
7:30 pm O-WA	<b>SOBER A.F.</b> Young people/LGBTQ 901 Kings (Quadra Village community Ctr) (Main entrance, boardroom)
7:30 pm C/First O	<b>STEPPING STONES DISCUSSION</b> 3565 Watson Ave/Fisher Rd (Youth Hall) (Cobble Hill Village)
8:00 pm C/last O	<b>AGE OF MIRACLES - BIG BOOK</b> 2612 Sooke Road (The Forge Church)
8:00 pm C/Last O WA	<b>WALK THE WALK</b> 1273 Fort St. / Moss (Grace Luth. Church)
8:00 pm C/Last O WA	<b>CORPUS VERITAS – BB/12&amp;12/DISC</b> 1355 Mitchell / Granite (United Church)

## THURSDAY

6:30 am C-WA-Last O	<b>DAYBREAK</b> 935 Goldstream Ave (Gordon United Church)
7:00 am C-WA Last Sat O	<b>ATTITUDE ADJUSTMENT</b> 511 Michigan (James Bay United Church.)
7:00 am C-WA	<b>SIDNEY MORNING SERENITY</b> 10030 3 <sup>rd</sup> St. (St. Elisabeth's Church)
9:30 am C	<b>DISCOVERY – STEP DISCUSSION</b> 627E Dunedin
11:30 am C	<b>WESTSHORE SERENITY</b> 2250 Sooke Rd (Colwood Pentecostal Church) Prayer room
12 Noon C	<b>DAILY REPRIEVE</b> 680 Courtney (St Andrew's Presb, Kirk Hall)
12 Noon C	<b>DISCOVERY – DISCUSSION</b> 627E Dunedin
12 Noon C	<b>IT'S HERE – BIG BOOK/ 12&amp;12</b> 600 Richmond Ave. / Richardson
12 Noon C-WA	<b>SIDNEY NOON SERENITY</b> 10030 3 <sup>rd</sup> Street (St. Elisabeth Church)
12 Noon O	<b>EASY DOES IT – DISCUSSION SOOKE</b> 2191 Townsend Rd (St. Rose of Lima Church)
5:00 pm C	<b>DUNEDIN DISCUSSION</b> 627E Dunedin
6:30 pm C	<b>ESQUIMALT REC. GROUP 12 &amp; 12</b> 527 Fraser St. (Esquimalt Rec Centre) Kanaka Room
7:00 pm O-WA	<b>THE PRIMARY PURPOSE GROUP Big Book</b> 2612 Sooke Rd (The Forge Church)
7:30 pm O-WA	<b>AKRON GROUP – Big Book/12 &amp; 12</b> 1273 Fort Street/Moss (Grace Lutheran Church)
7:30 pm C/WA/Last O	<b>GENERATION NEXT: YOUNG PEOPLE</b> 1095 Tolmie Ave (Parkdale Evangelical Church)
7:30 pm C	<b>PEACE GROUP - STEP &amp; TRADITION</b> 2060 Haultain St (St Patrick's Church)
7:30 pm O-WA	<b>SOBER RIDERS GROUP</b> 231 Regina Ave (Native Friendship Centre)
7:30 pm O	<b>DISCOVERY – TRADITION</b> 627E Dunedin
7:30 pm C-WA	<b>ANY LENGTH – 12 &amp; 12</b> 626 Blanshard (Church of our Lord)
7:30 pm C/Last-O	<b>RICHMOND ROAD GROUP</b> 2964 Richmond Road (Knox Presbyterian Church, downstairs)
8:00 pm O-WA	<b>PROTON GROUP (Agnostic format)</b> 511 Michigan (James Bay United)
8:00 pm C-WA	<b>SIDNEY THURSDAY NIGHT</b> 2410 Malaview / 5 <sup>th</sup> St. (St. Paul's Church)
7:30 pm C	<b>COBBLE HILL DISCUSSION</b> 3140 Cameron / Taggart
8:00 pm O-WA-CL	<b>WESTSHORE BASICS - 12 &amp; 12</b> 798 Goldstream (Lady of the Rosary Church)

## FRIDAY

6:30 am C-WA-Last O	<b>DAYBREAK</b> 935 Goldstream Ave (Gordon United Church)
7:00 am C-WA Last Sat O	<b>ATTITUDE ADJUSTMENT</b> 511 Michigan (James Bay Church)
7:00 am C-WA	<b>SIDNEY MORNING SERENITY</b> 10030 3 <sup>rd</sup> St. (St. Elisabeth's Church)
9:30 am C	<b>DISCOVERY – STEP DISCUSSION</b> 627E Dunedin
12 Noon C	<b>DAILY REPRIEVE</b> 680 Courtney (St Andrew's Presb, Kirk Hall)
12 Noon C-WA Last Mon O	<b>KEYSTONE – NEWCOMERS</b> meeting 1161 Princess / Chambers (Cornerstone Church)
12 Noon C/Last O WA	<b>WOMEN'S FRIDAY NOON</b> 511 Michigan (James Bay Church)
12 Noon C	<b>DISCOVERY - DISCUSSION</b> 627E Dunedin
12 Noon C/Last O WA	<b>OAK BAY RECOVERY</b> 1355 Mitchell / Granite (United Church)
12 Noon C/Last O WA	<b>WALK THE WALK FRIDAY NOONER</b> 1273 Fort St / Moss (Grace Lutheran Church)
12 Noon C-WA	<b>SIDNEY NOON SERENITY</b> 10030 - 3 <sup>rd</sup> St. (St. Elisabeth's Church)
12 Noon O-WA	<b>LIVE &amp; LET LIVE – BIG BOOK DISC</b> 798 Goldstream (Lady of the Rosary Church)
5:00 pm C	<b>DUNEDIN DISCUSSION</b> 627E Dunedin
6:30 pm O-WA	<b>BEAR MOUNTAIN AA Forging Ahead Together</b> 2612 Sooke Rd (The Forge Church portable)
7:30 pm O	<b>FRIDAY NIGHT DISCUSSION</b> 525 Johnson St. (Corner Johnson/Wharf) Salvation Army community dining room
7:30 pm O	<b>DISCOVERY – BEGINNERS meeting</b> 627E Dunedin
7:30 pm O-WA	<b>AKRON AA Literature</b> 1273 Fort Street / Moss (Grace Lutheran)
7:30-8:30 pm C-WA	<b>ESQUIMALT ACCEPTANCE</b> 500 Admirals/Lyall (Esquimalt United Church)
7:30-8:30 pm C-WA	<b>SOOKE BIG BOOK STUDY</b> 2191 Townsend Rd (St Rose of Lima Church)
8:00 p C	<b>TRADITIONALLY SPEAKING</b> 935 Goldstream Ave (Gordon United Church)
8:00 pm O-WA	<b>METROPOLITAN GROUP</b> 231 Regina Ave Victoria Native Friendship Centre
7:30 pm O	<b>COBBLE HILL DISCUSSION</b> 3140 Cameron / Taggart
8:30 pm C-WA	<b>BRENTWOOD FRIDAY NIGHT</b> 7176 E. Saanich Road (Shady Creek Church)
10:00 pm C	<b>DISCOVERY – NIGHT OWL DISCUSSION</b> 627 E Dunedin

### MEETING TYPE CODE

<b>O</b>	Open Meeting: Everyone is welcome
<b>C/last O</b>	Usually Closed: Open for Birthdays
<b>C</b>	Closed Meeting: For AA members only or anyone with a drinking problem.
<b>CL</b>	Candle light meeting
<b>WA</b>	Wheelchair Accessible

## SATURDAY

6:30 am C-WA-Last O	<b>DAYBREAK</b> 935 Goldstream Ave (Gordon United Church)
7:00 am C-WA Last Sat. O	<b>ATTITUDE ADJUSTMENT</b> 511 Michigan (James Bay United Church)
8:00 am O-WA	<b>SIDNEY NOON SERENITY</b> 10030 - 3 <sup>rd</sup> St. (St. Elisabeth's Church)
9:30 am C-WA	<b>SATURDAY SIMPLICITY MEN ONLY</b> Joe & Charlie format max of 20 people only 1273 Fort St. / Moss (Grace Luth. Church)
2 pm C	<b>WESTSHORE SERENITY</b> 2250 Sooke Rd (Colwood Pentecostal Church) Multi purpose room
12 Noon O	<b>DISCOVERY – DISCUSSION</b> 627E Dunedin
12 Noon C	<b>DAILY REPRIEVE</b> 680 Courtney (St Andrew's Presb Church) Entrance to Kirk Hall behind Church
12 Noon C	<b>ESQUIMALT SATURDAY SERENITY</b> 527 Fraser St. Esquimalt Rec Centre Kanaka Room
12 Noon O-WA	<b>SIDNEY NOON SERENITY</b> 10030 - 3 <sup>rd</sup> Street (St. Elisabeth's Church)
7:30 pm C-WA	<b>12 &amp; 12 STUDY GROUP SOOKE</b> 2120 Church Rd (The Knox Centre) Entrance from the back parking lot
7:30 pm O	<b>DOWNTOWN MEETING</b> 525 Johnson St. (Corner Johnson/Wharf) Salvation Army community dining room
7:30 pm C	<b>DISCOVERY – BIG BOOK DISCUSSION</b> 627E Dunedin
7:30 pm O-WA	<b>MOUNT VIEW – BIG BOOK</b> 2166 Mt. Newton Cross Road Saanich Hospital next to cafeteria
8:00 pm O-WA-CL	<b>SATURDAY NIGHT LIVE LANGFORD</b> 798 Goldstream (Lady of the Rosary Church)
10:00 pm C	<b>DISCOVERY – AFTER HOURS DISC</b> 627E Dunedin

### HOME GROUPS (all meetings closed)

#### MONDAY

8:00 pm **KHARMA** (Men's) 250-658-6598

#### WEDNESDAY

8:00 pm **ACCEPTANCE 1** (Men's) 250-592-2551

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**STEERING COMMITTEE MEETING:** 1<sup>st</sup> Thursday of month, 6:15 pm  
8-2020 Douglas Street

**INTERGROUP MEETING:** 1<sup>st</sup> Thursday of the month, 7:30pm  
901 Kings Street (Quadra Village Community Center)

**5 DISTRICTS MEETING:** 4<sup>th</sup> Sunday of the month, 2pm  
1611 Quadra @ Mason (St. John de Divine Church)

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#### INSTITUTION MEETINGS: CLEARANCE REQUIRED

**William Head** (Beachcombers) Tuesday @ 8:00 pm Sharp

**Wilkinson Road** Wednesday @ 6:30 pm Sunday @ 11 am

**Please call or email your Central Office for contact information**



## SUNDAY

- 6:30 am **DAYBREAK**  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C/Last Sat O WA 511 Michigan (James Bay United Church)
- 8:00 am **SIDNEY NOON SERENITY**  
O-WA 10030 - 3rd St. (St. Elisabeth's Church)
- 8:30 am **DUNEDIN MENS MEETING**  
C 627E Dunedin
- 9:30-10:30 am **KEEP IT SIMPLE** Balmoral Gardens  
C-WA Building, 921 North Park St.  
Ring buzzer # 09 for board room
- 12:30 pm **JOE & CHARLIE - BIG BOOK STUDY, CD**  
O 627 E Dunedin
- 2:30 pm **DISCOVERY - DISCUSSION**  
O 627E Dunedin
- 7:30-8:30pm **WESTSHORE WOMAN'S SOLUTIONS**  
O-WA 935 Goldstream Ave (Gordon United Church)  
Big Book Stories Discussion
- 7:30 pm **DISCOVERY - DISCUSSION**  
C 627E Dunedin
- 7:30 pm **FEARLESS & THOROUGH BB STUDY**  
O 511 Michigan James Bay (United Church)
- 7:30 pm **WOMEN IN RECOVERY SOOKE**  
C/Last O WA 1962 Murray Rd (Holy Trinity Church)
- 8:00 pm **LAST CHANCE BIG BOOK STUDY**  
C-WA 500 Admirals/Lyall St. Lyall St Entrance  
(Esquimalt United Church)
- 8:00 pm **LOST & FOUND St Matthias Church**  
C-Last O WA 600 Richmond Ave. / Richardson
- 8:00 pm **SUNDAY NIGHT ACTION GRP.**  
274 Hampton Rd. Burnside Lawn Bowling Club  
Entrance next to Hampton Park sign
- 8:00 pm **WESTSHORE BASICS - BIG BOOK**  
C-WA 798 Goldstream LANGFORD

## GULF ISLAND MEETINGS

### GALIANO ISLAND

**Trailblazers group** Disc, MON C/Last O, 7-8pm  
300 Burrill Rd, Anglican Church, Around back porch/room in back

**PENDER ISLAND** 1-250-526-0550 Women 1-250-629-3205

**Fifth Tradition group** Plum Tree Court (Lounge),

TUE O, THU C-Last O SUN C 7:30

**High Nooners**, MON, O, Noon

5719 Canal Rd. (#7 Bldg, beside parking lot)

### MAYNE ISLAND

**Heart of Mayne group**

SUN 9 am, Mayne Island Health Centre, lower level,  
526 Felix Jack Rd.

THU 7pm @ Church House, 360 Georgina Point Rd

Contact; 1- 604-418-3846

### HORNBY ISLAND

Frances 1-250-335-1887

**Recycled group** O, 7:30pm

Hornby Island Community Health Care Center

1965 Sollan Road

### SATURNA ISLAND

**Straits & Narrows meeting**

THU 7:30pm, St Christopher Church, (basement)

140 East Point Road. Contacts; Robert: 250-539-2000

Keith 250-812-2323

## CONTACTS FOR UP-ISLAND MEETINGS

Campbell River >> Campbell River Alano Club  
301-10<sup>th</sup> Ave: 250-287-2911  
Port Alice >> District Answering Service  
Port McNeil /Port Hardy 250-287-4313  
Sayward, Tahasis, Quadra Island

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Courtenay >> Courtenay Alano Club  
Comox 543 - 6th St. 250-338-0041  
Denman Island Answering Service 250-338-8042

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Duncan >> Duncan Alano Club  
Chemainus 210-107 Evans 250-748-0724  
Lk. Cowichan >> Answering Service  
District #8 1-866-233-5255

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Nanaimo >> Nanaimo C.O. Unit 212  
Ladysmith 285 Prideaux 1-250-753-7513

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Parksville >> Answering Service  
Qualicum 1-800-883-3968

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Port Alberni >> Alano Club 250-724-3911  
Answering Serv 1-800-883-3968

## SALT SPRING ISLAND MEETINGS

**MON** O-WA 12 Noon **WELCOME GROUP** Big Book Disc.  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C-WA 8:00 p **UNITY GROUP** Big Book Study  
145 Vesuvius Bay Rd, Portlock Park. In Portable

**TUE** O-WA 12 Noon **WELCOME GROUP** As Bill Sees It  
901 North End Road, Central Hall (Fritz theatre downstairs)

**WED** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C 4-5pm **WOMAN'S MEETING**  
135 Drake Road, behind Catholic Church  
C-WA 8:00 p **UNITY GRP.** Step & Tradition Study  
135 Crofton Rd, Lionel Beech Annex (behind Lady Minto Hosp)

**THU** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**FRI** O-WA 12 Noon **WELCOME GROUP** Step & Trad Disc  
901 North End Road, Central Hall (Fritz theatre downstairs)  
O-WA 8:00 p **PHOENIX** Big Book Discussion Group  
379 Lower Ganges Road, Senior Centre

**SAT** O-WA 12 Noon **WELCOME GROUP** 11<sup>th</sup> Step Meeting  
901 North End Road, Central Hall (Fritz theatre downstairs)  
O-WA 6:00pm **SATURDAY NIGHT MEETING** Discussion  
379 Lower Ganges Rd, Salt Spring Senior Centre

**SUN** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**AA CONTACT 1-250-221-1559**