

AA MEETING DIRECTORY JUL-AUG-SEP 2021

**GREATER VICTORIA INTERGROUP
AA CENTRAL OFFICE
#8-2020 Douglas Street
VICTORIA, BC V8T 4L1**

24 Hr. HELP LINE: (250) 383-7744

Business Line: (250) 383-0415

Monday – Friday: 9:30 am – 4:00 pm

Office hours may vary some days so please call ahead
if you want to come in in the afternoon

E-mail: vicintgpc@shaw.ca

On line meeting directory is updated monthly.

For any recent changes visit our website;

Website: www.aavictoria.ca

DISCLAIMER

A directory listing does not constitute or imply approval or endorsement of any group's or meeting's approach to or practice of the traditional AA Program.

**IN PERSON MEETINGS ARE HIGHLIGHTED
UPDATED July 29 2021**

ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can:

	Yes	No
1. Do you lose time from work due to drinking?	___	___
2. Is drinking making your home life unhappy?	___	___
3. Do you drink because you are shy with people?	___	___
4. Is drinking affecting your reputation?	___	___
5. Have you ever felt remorse after drinking?	___	___
6. Have you gotten into financial difficulties as a result of your drinking?	___	___
7. Do you turn to lower companions and an inferior environment when drinking?	___	___
8. Does your drinking make you careless of your family's welfare?	___	___
9. Has your ambition decreased since drinking?	___	___
10. Do you crave a drink at a definite time daily?	___	___
11. Do you want a drink the next morning?	___	___
12. Does drinking cause difficulty in sleeping?	___	___
13. Has your efficiency decreased since drinking?	___	___
14. Is drinking jeopardizing your job or business?	___	___
15. Do you drink to escape from worries or trouble?	___	___
16. Do you drink alone?	___	___
17. Have you ever had a complete loss of memory (known as a blackout) as a result of drinking?	___	___
18. Has a physician ever treated you for drinking?	___	___
19. Do you drink to build up your self-confidence?	___	___
20. Have you ever been to a hospital or institution on account of drinking?	___	___

If you answered "yes" to three or more questions, you may be an alcoholic. Reprinted from Pamphlet P9 with permission from AAWS.

BUS ROUTES TO MEETINGS

	Meeting Location	Bus#	Stop	NB = Night bus
500	Admirals Road	6,25,26	Esquimalt & Admirals	
626	Blanshard Street	7	Fairfield @ Blanchard & Quadra	
1952	Bay Street	3,10	Royal Jubilee Hospital	
2120	Church Road; Sooke	61-64-65	Sooke & Church	
1600	Cook (corner of Mason)	27,28,2,2A,25,24	27, 28 Cook & Pandora	
680	Courtney Street	50,70,72,73	Douglas passed Courtney	
612	David Street	9,11	Gorge @Government	
90	Dock Street	2	Dallas @ Montreal	
4030	Douglas Street	17,51	Mc Kenzie @ Douglas	
3277	Douglas Street	All busses	Going down Douglas	
627E	Dunedin Street	11	Gorge & Dunedin	
7176	East Saanich Road	72	East Saanich & Dogwood.	
2736	Fernwood Rd	22-4-9		
1273	Fort @ Moss Street	11,14,22	Fort @ Moss	
527	Fraser Street	15,26	Esquimalt @ Park/Fraser	
595	Galiano Crescent	43	Belmont @ Lascelle	
3909	St George's Lane	11+13	Cadboro Bay @ Maynard	
537	Glencairn Lane	52	Between Goldstream & Kelly	
798	Goldstream Avenue	50	Goldstream @ Peat	
935	Goldstream Avenue	50	Goldstream @ Spencer	
4049	Gordon Head Road	27	Gordon Head @Ventura/Graduation	
274	Hampton Road	21,22,26	Burnside & Orillia	
2060	Haultain Street	11	NB: # 11 @ Fort & Foul Bay	
3024	Jacklin Road	48-59-64-61	Jacklin & Terlane	
525	Johnson Street	10,15	Wharf @ Yates	
2154	Lazzar Road		No busses nearby	
2410	Malaview Ave @ Fifth St	72,81,82	Resthaven @ Malaview	
511	Michigan	30,31	Superior & Menzies	
1355	Mitchell @ Granite	2,7,8	Oak Bay & Foul Bay	
2166	Mt Newton X Road	75,81,82	East Saanich & Mt Newton	
1962	Murray Road	61,64	Sooke @ Shields	
550	Obed Avenue	11	Obed @ Dysart	
1125	Pembroke Street	6	Quadra @ Princess Chrystal pool	
231	Regina Ave	8,11, 21,22	Burnside & Tillicum	
	Within walking distance	50,61	Trans Can Hwy & Tillicum	
600	Richmond Road	1	Richmond @ Richardson	
2612	Sooke Road	61	Between Jacklin & Happy Valley	
2250	Sooke Road	48,52,54,60,61	Sooke \$ Ridley	
3703	St Aiden's	14 UVIC	Richmond & Cedar Hill X	
731	Station Ave	Langford Station	On Station Avenue	
10030	Third St; Sidney	72	Fifth & Henry	
1095	Tolmie Ave	6,17	Quadra @ Tolmie	
2191	Townsend	61	Sooke @ Townsend	
4566	West Saanich Road	6,3,31,35	Saanich @ Pipeline	
4351	West Saanich Road	6,31,32,75	W Saanich 4360 Block	
9300	Willingdon Rd	72	Mc Tavish Exchange	

FOR BUS INFORMATION CALL: 250- 382-6161

MONDAY

- 6:30 am **DAYBREAK**
C-WA-Last O 935 Goldstream Ave Gordon United Church
- 7:00 am **ATTITUDE ADJUSTMENT max 50 people**
C-Last Sat O 90 Dock Street White Eagle Hall upstairs
- 7:30 am **SIDNEY MORNING SERENITY**
C-WA 10030 3rd St. St. Elisabeth's Church
- 9:30 am **DISCOVERY – STEP DISCUSSION**
C 627E Dunedin
- 12 noon **BASIC PRINCIPLES max 30 people**
O-WA 2250 Sooke Rd Colwood Pentecostal
- 12 Noon **DAILY REPRIEVE**
C 680 Courtney St Andrew's Presb, Kirk Hall
- 12 Noon **KEYSTONE – DISCUSSION**
C-WA Last Mon O 3277 Douglas St Ukrainian Cultural Centre
- 12 Noon **DISCOVERY - DISCUSSION**
C 627E Dunedin
- 12 Noon **AN OPEN MIND**
C-WA 1600 Cook/Mason Open Door Church
- 12 Noon **SIDNEY NOON SERENITY**
C-WA 10030 3rd St. St. Elisabeth's Church
- 5:00 pm **DUNEDIN DISCUSSION**
C 627E Dunedin
- 7:00 pm **ROSALIE WOMEN ONLY/Children welcome**
O-WA 4351 West Saanich Rd St Vincent de Paul
Rosalie building
- 7:00 pm **FAIRFIELD GROUP zoom hybrid**
O-WA 1273 Fort St. Grace Lutheran Church
- 7:00 pm **SERENITY BY THE SEA**
O-WA 6638 Deering Rd Port Renfrew Rec Centre
- 7:15 pm **FRIENDS OF BILL W Big Book Disc MEN ONLY**
C-WA 595 Galiano Crest Our Lady of the Star Military Chapel
Belmont Park PMQ's
- 7:30 pm **GORDON HEAD BIG BOOK STUDY**
O-WA 4049 Gordon Head Rd Holy Cross Church
Entrance back parking lot
- 7.30 pm **OLD SCHOOL AA**
O-WA 500 Admirals Rd Esquimalt United Church
Upstairs off main entrance
- 7:30 pm **SIXTY MINUTES meets in sanctuary**
O 550 Obed Ave City Lights Church max 15 people
- 7:30 pm **GENERATION NEXT: YOUNG PEOPLE**
O-WA 1095 Tolmie Ave Parkdale Evangelical Church
- 7:30 pm **DISCOVERY – BEGINNERS meeting**
O 627E Dunedin
- 7:30 pm **PEACE GROUP - DISCUSSION**
C-Last O 2060 Haultain Street St Patrick's Church
- 7:00 pm **OTTER POINT # 1 SOOKE**
O 1962 Murray Rd (Holy Trinity Church)
- 7:30 pm **FRONTRUNNERS (LBGTQ)**
C-WA 511 Michigan James Bay United Church
Downstairs meeting room
- 7:30 pm **MT. NEWTON STEP covid protocols in place**
C 7176 E Saanich Rd. Shady Creek Church
Capacity 50 people, mask recommended, contact info required
- 7:30 pm **COBBLE HILL DISCUSSION**
C 3141 Cameron / Taggart
- 8:00 pm **DOMINION ROAD GROUP**
C 511 Michigan James Bay United Church
Upstairs meeting room
- 8:00 pm **HAPPY VALLEY DISC. GRP.**
C-WA-Last O 798 Goldstream Lady of the Rosary Church

TUESDAY

- 6:30 am **DAYBREAK**
C-WA-Last O 935 Goldstream Ave Gordon United Church
- 7:00 am **ATTITUDE ADJUSTMENT max 50 people**
C-Last Sat O 90 Dock Street White Eagle Hall upstairs
- 7:00 am **SIDNEY MORNING SERENITY**
C-WA 10030 3rd St. St. Elisabeth's Church
- 9:30 am **DISCOVERY – STEP DISCUSSION**
C 627E Dunedin
- 12 Noon **DAILY REPRIEVE**
C 680 Courtney St Andrew's Presb, Kirk Hall
- 12 Noon **KEYSTONE – 12&12 STEP**
C-WA 3277 Douglas St Ukrainian Cultural Centre
- 12 Noon **DISCOVERY - DISCUSSION**
C 627E Dunedin
- 12 Noon **SIDNEY NOON SERENITY**
C-WA 10030-3rd St. St. Elisabeth's Church
- 12 Noon **INTO ACTION max 30 people**
O-WA 2250 Sooke Rd Colwood Pentecostal
- 5:00 pm **DUNEDIN DISCUSSION**
C 627E Dunedin
- 6:00 pm **BEAR MOUNTAIN**
O-WA 798 Goldstream Ave Lady of the Rosary Church
- 6:00 pm **PEACE OF MIND – AA LITERATURE**
O 4566 W Saanich Rd(Saanich Community Church
(entrance to meeting through double side doors)
- 7:00 pm **C.L.U.E. GROUP WOMEN ONLY max 25 people**
C-Last O 2060 Haultain St Patrick's Church
- 7:15-8:15 pm **SIDNEY AIRPORT MEETING AA Literature**
O-WA 9300 Willingdon Rd Resthaven 7th Day Adventist Ch
- 7:00 pm **MORE UNFINISHED BUSINESS BB study SOOKE**
O-WA 2191 Townsend Rd St Rose of Lima Church
- 7:30 pm **DISCOVERY – DISCUSSION**
C 627E Dunedin
- 7:30 pm **THE HUDDLE STEP & DISC MEN ONLY**
C 1273 Fort St / Moss Grace Lutheran Church
1 Large room plus multiple breakout rooms. Capacity 30 people
- 7:30 pm **SOBER A.F. Young people/LBGTQ**
O-WA 612 David St Centennial United Church
(Lounge)
- 8:00 pm **PROCESS TO RECOVERY BIG BOOK**
O 1125 Pembroke Street (RAS room)
- 8:00 pm **TUESDAY NIGHT ESQUIMALT (scent free)**
C 500 Admirals/Lyall. Esquimalt United Church
- 8:00 pm **GLEN LAKE 12 & 12**
C-WA 798 Goldstream Ave Lady of the Rosary Church
- 8:00 pm **TUESDAY HAPPY HOUR**
C 2375 Koksilah Rd Cowichan Station
(The Hub)
- 8:00 pm **LIVING TODAY - DISCUSSION**
C-WA 3703 St. Aiden's St. Aiden's Church
North Richmond Road / Cedar Hill Cross Road

WEDNESDAY

6:30 am C-WA-Last O	DAYBREAK 935 Goldstream Ave Gordon United Church
7:00 am C	DISCOVERY MEN'S MEETING 627E Dunedin
7:00 am C-Last O	ATTITUDE ADJUSTMENT Max 50 people 90 Dock Street White Eagle Hall upstairs
7:30 am C-WA	SIDNEY MORNING SERENITY 10030 3 rd St. St. Elisabeth's Church
12 Noon O-WA	SIDNEY NOON SERENITY 10030 3 rd St. St. Elisabeth's Church
9:30 am C	DISCOVERY – STEP DISCUSSION 627E Dunedin
12 Noon C-WA	THE LUNCH BUNCH WOMEN Open Sep 1 2736 Fernwood Rd. Oaklands Bible Capel
12 Noon C	DAILY REPRIEVE 680 Courtney St Andrew's Presb, Kirk Hall
12 Noon C/Last O WA	H.I.T.L.I.S.T. –DISCUSSION (COLWOOD) 537 Glencairn Lane Emery Community Hall
12 Noon C-WA	KEYSTONE – BIG BOOK STUDY 3277 Douglas St Ukrainian Cultural Centre
12 Noon C	DISCOVERY - DISCUSSION 627E Dunedin
12 Noon C-WA	SIDNEY NOON SERENITY 10030-3rd St. St. Elisabeth's Church
5:00 pm C	DUNEDIN DISCUSSION 627E Dunedin
7:30 pm O-WA	SOBRIETY BY THE SEA (SOOKE) 2154 Lazzar Rd T'Sou-ke Nation band Office
7:30 pm O-WA	THE MISFITS 104-731 Station Ave Hulitan Bldg
7:30 pm O-WA	FRIENDSHIP GROUP NATIVE 231 Regina Ave Victoria Native Friendship Centre
7:30 pm O	DISCOVERY – BEGINNERS MEETING 627E Dunedin
7:30 pm O-WA	FREEDOM GROUP – BIG BOOK Royal Jubilee Hospital, Patient Care Centre Main Floor- room 150 <i>location is scent free</i>
7:30 pm C/Last O WA	THE GRAPEVINE GROUP 2166 Mt. Newton Cross Road (Hospital) Next to cafeteria
7:30 pm C	PEACE GROUP OAK BAY 2060 Haultain St Patrick's Church
7:30 pm C/First O	STEPPING STONES DISCUSSION 3565 Watson Ave/Fisher Rd Youth Hall (Cobble Hill Village)
8:00 pm C-Last O	AGE OF MIRACLES - BIG BOOK 2612 Sooke Road (The Forge Church)
8:00 pm C/Last O WA	WALK THE WALK 1273 Fort St. / Moss (Grace Luth. Church)
8:00 pm C-Last O WA	CORPUS VERITAS – BB/12&12/DISC 1355 Mitchell / Granite United Church Max 10 people in person/zoom hybrid

THURSDAY

6:30 am C-WA-Last O	DAYBREAK 935 Goldstream Ave Gordon United Church
7:00 am C-Last Sat O	ATTITUDE ADJUSTMENT max 50 people 90 Dock Street White Eagle Hall upstairs
7:00 am C-WA	SIDNEY MORNING SERENITY 10030 3 rd St. St. Elisabeth's Church
9:30 am C	DISCOVERY – STEP DISCUSSION 627E Dunedin
12 Noon C	DAILY REPRIEVE 680 Courtney St Andrew's Presb, Kirk Hall
12 Noon C	DISCOVERY – DISCUSSION 627E Dunedin
12 Noon C-WA	SIDNEY NOON SERENITY 10030 3 rd Street (St. Elisabeth Church)
12 Noon O	EASY DOES IT – DISCUSSION SOOKE 2191 Townsend Rd St. Rose of Lima Church Back in person Aug 5th
5:00 pm C	DUNEDIN DISCUSSION 627E Dunedin
6:00 pm C-WA	SOBERETTES <u>WOMEN ONLY</u> 2736 Fernwood Rd. Oaklands Bible Capel
6:30 pm C	ESQUIMALT REC. GROUP 12 & 12 527 Fraser St. Esquimalt Rec Centre Kanaka Room
7:30pm C-WA	CADBORO BAY RECOVERY GROUP 3909 St George's Ln St George's Ch lower hall
7:30 pm C-WA	FRONTRUNNERS (LBGTQ) max 20 people 511 Michigan James Bay United Church Upstairs meeting room, use office entrance
7:30 pm O-WA	AKRON GROUP – Big Book/12 & 12 1273 Fort Street/Moss (Grace Lutheran Church)
7:30 pm C-WA-Last O	GENERATION NEXT: YOUNG PEOPLE 1095 Tolmie Ave Parkdale Evangelical Church
7:30 pm C	PEACE GROUP - STEP & TRADITION 2060 Haultain St St Patrick's Church
7:30 pm O-WA	SOBER RIDERS GROUP max 10 people 231 Regina Ave (Native Friendship Centre)
7:30 pm O	DISCOVERY – TRADITION 627E Dunedin
7:30 pm C-WA	ANY LENGTH – 12 & 12 open Aug 5th 626 Blanshard Church of our Lord
7:30 pm C	COBBLE HILL DISCUSSION 3140 Cameron / Taggart
8:00 pm O-WA	PROTON GROUP (Agnostic format) 511 Michigan (James Bay United)
8:00 pm C-WA	SIDNEY THURSDAY NIGHT 2410 Malaview / 5 th St. St. Paul's Church
8:00 pm O-WA-CL	WESTSHORE BASICS - 12 & 12 2612 Sooke Road The Forge Church

MEETING TYPE CODE

C	Closed Meeting: For AA members or anyone with a drinking problem.
O	Open Meeting: Everyone is welcome.
C/last O	Usually Closed: Open for Birthdays
WA	Wheelchair Accessible
CL	Candle light

FRIDAY

6:30 am C-WA-Last O	DAYBREAK 935 Goldstream Ave (Gordon United Church)
7:00 am C-Last Sat O	ATTITUDE ADJUSTMENT max 50 people 90 Dock Street White Eagle Hall upstairs
7:00 am C	DISCOVERY MEN'S MEETING 627E Dunedin
7:00 am C-WA	SIDNEY MORNING SERENITY 10030 3 rd St. St. Elisabeth's Church
9:30 am C	DISCOVERY – STEP DISCUSSION 627E Dunedin
12 Noon C	DAILY REPRIEVE 680 Courtney St Andrew's Presb, Kirk Hall
12 Noon C-WA	KEYSTONE – NEWCOMERS meeting 3277 Douglas St Ukrainian Cultural Centre
12 Noon C/Last O WA	WOMEN'S FRIDAY NOON 511 Michigan (James Bay Church)
12 Noon C	DISCOVERY - DISCUSSION 627E Dunedin
12 Noon C/Last O WA	OAK BAY RECOVERY 1355 Mitchell / Granite United Church
12 Noon C/Last O WA	WALK THE WALK FRIDAY NOONER 1273 Fort St / Moss Grace Lutheran Church
12 Noon C-WA	SIDNEY NOON SERENITY 10030 - 3rd St. St. Elisabeth's Church
12 Noon O-WA	LIVE & LET LIVE BIG BOOK DISC Open Aug 6 935 Goldstream Ave (Gordon United Church)
5:00 pm C	DUNEDIN DISCUSSION 627E Dunedin
6:30 pm O-WA	BEAR MOUNTAIN AA Forging Ahead Together 2612 Sooke Rd The Forge Church portable
7:00 pm O-WA	THE PRIMARY PURPOSE GROUP Big Book 2612 Sooke Rd The Forge Church)
7:30 pm O	FRIDAY NIGHT DISCUSSION 525 Johnson St. (Corner Johnson/Wharf) Salvation Army community dining room
7:30 pm O-WA	SOBER A.F. Young people/LGBTQ 612 David St Centennial United Church (Lounge)
7:30 pm O	DISCOVERY – BEGINNERS meeting 627E Dunedin
7:30 pm O-WA	AKRON AA Literature 1273 Fort Street / Moss Grace Lutheran
7:30-8:30 pm C-WA	ESQUIMALT ACCEPTANCE 500 Admirals/Lyall Esquimalt United Church
7:30-8:30 pm C-WA	SOOKE BIG BOOK STUDY 2191 Townsend Rd(St Rose of Lima Church
8:00 p C	TRADITIONALLY SPEAKING 935 Goldstream Ave Gordon United Church
8:00 pm O-WA	METROPOLITAN GROUP 231 Regina Ave Victoria Native Friendship Centre
7:30 pm O	COBBLE HILL DISCUSSION 3140 Cameron / Taggart
8:30 pm C-WA	BRENTWOOD FRIDAY NIGHT 7176 E. Saanich Road Shady Creek Church
10:00 pm C	DISCOVERY – NIGHT OWL DISCUSSION 627 E Dunedin

SATURDAY

6:30 am C-WA-Last O	DAYBREAK 935 Goldstream Ave (Gordon United Church)
7:00 am C-Last Sat O	ATTITUDE ADJUSTMENT max 50 people 90 Dock Street White Eagle Hall upstairs
8:00 am O-WA	SIDNEY NOON SERENITY 10030 - 3rd St. St. Elisabeth's Church
9:30 am C-WA	SATURDAY SIMPLICITY MEN ONLY Joe & Charlie format max 20 people 1273 Fort St. / Moss Grace Luth. Church
9:30 am C	DISCOVERY – STEP DISCUSSION 627E Dunedin
12 Noon O	DISCOVERY – DISCUSSION 627E Dunedin
12 Noon C	DAILY REPRIEVE 680 Courtney St Andrew's Presb Church Entrance to Kirk Hall behind Church
12 Noon C	ESQUIMALT SATURDAY SERENITY 500 Admirals/Lyall. (Esquimalt United Church)
12 Noon O-WA	SIDNEY NOON SERENITY 10030 - 3 rd Street St. Elisabeth's Church
5:00 pm C	DUNEDIN DISCUSSION 627E Dunedin
7:30 pm C-WA	12 & 12 STUDY GROUP SOOKE 2120 Church Rd The Knox Centre Entrance from the back parking lot
7:30 pm O	DOWNTOWN MEETING 525 Johnson St. (Corner Johnson/Wharf) Salvation Army community dining room
7:30 pm C	DISCOVERY – BIG BOOK DISCUSSION 627E Dunedin
7:30 pm O-WA	MOUNT VIEW – BIG BOOK 2166 Mt. Newton Cross Road Saanich Hospital next to cafeteria
8:00 pm O-WA-CL	SATURDAY NIGHT LIVE LANGFORD 798 Goldstream Lady of the Rosary Church
10:00 pm C	DISCOVERY – AFTER HOURS DISC 627E Dunedin

HOME GROUPS (all meetings closed)

MONDAY

8:00 pm ~~KHARMA~~ (Men's) 250-658-6598

WEDNESDAY

8:00 pm ~~ACCEPTANCE 1~~ (Men's) 250-592-2551

STEERING COMMITTEE MEETING: 1st Thursday of month, 6:15 pm
ZOOM

INTERGROUP MEETING: 1st Thursday of the month, 7:30pm
ZOOM

5 DISTRICTS MEETING: 4th Sunday of the month, 2pm
ZOOM 1611 Quadra @ Mason (St. John de Divine Church)

INSTITUTION MEETINGS: CLEARANCE REQUIRED

~~William Head~~ (Beachcombers) Tuesday @ 8:00 pm Sharp

~~Wilkinson Road~~ Wednesday @ 6:30 pm Sunday @ 11 am
Please call or email your Central Office for contact information

SUNDAY

- 6:30 am **DAYBREAK**
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT Max 50 people**
C-Last Sat O 90 Dock Street White Eagle Hall upstairs
- 8:00am **SIDNEY MEETING**
O 9300 Willingdon Rd
North Saanich Seventh Adventist church
- 8:00 am **SIDNEY NOON SERENITY**
O-WA 10030 - 3rd St. St. Elisabeth's Church
- 8:30 am **DISCOVERY MEN'S MEETING**
C 627E Dunedin
- 12:30 pm **JOE & CHARLIE - BIG BOOK STUDY**
O 627 E Dunedin
- 2:30 pm **DISCOVERY - DISCUSSION**
O 627E Dunedin
- 4:00 pm **WESTSHORE WOMAN'S SOLUTIONS**
O 3024 Jacklin Rd, Redeemer Lutheran Church
- 5:00 pm **DUNEDIN DISCUSSION**
C 627E Dunedin
- 7:30 pm **DISCOVERY - DISCUSSION**
C 627E Dunedin
- 7:30 pm **FEARLESS & THOROUGH BB STUDY**
O 511 Michigan James Bay United Church
- 7:30 pm **WOMEN IN RECOVERY SOOKE**
C-Last O WA 1962 Murray Rd Holy Trinity Church
- 8:00 pm **LAST CHANCE BIG BOOK STUDY**
C-WA 500 Admirals/Lyall St. Lyall St Entrance
Esquimalt United Church basement
- 8:00 pm **LOST & FOUND St Matthias Church**
C-Last O WA 600 Richmond Ave. / Richardson
- 8:00 pm **SUNDAY NIGHT ACTION GRP.**
274 Hampton Rd. Burnside Lawn Bowling Club
Entrance next to Hampton Park sign
- 8:00 pm **WESTSHORE BASICS - BIG BOOK**
C-WA 2612 Sooke Rd The Forge Church

GULF ISLAND MEETINGS

PENDER ISLAND 1-250-526-0550 Women 1-250-629-3205
Fifth Tradition group Plum Tree Court (Lounge),
TUE O, THU C-Last O SUN C 7:30
High Nooners, MON, O. Noon
5719 Canal Rd. (#7 Bldg, beside parking lot)

MAYNE ISLAND
Heart of Mayne group SUN 9 am, Mayne Island Health Centre,
lower level, 526 Felix Jack Rd.
THU 7pm @ Church House, 360 Georgina Point Rd
Contact; 1- 604-418-3846

HORNBY ISLAND Frances 1-250-335-1887
Recycled group O, 7:30pm
Hornby Island Community Health Care Center
1965 Sollan Road

SATURNA ISLAND Straits & Narrows meeting
THU 7:30pm, St Christopher Church, (basement)
140 East Point Road. Contacts; Robert: 250-539-2000
Keith 250-812-2323

GABRIOLA ISLAND, O-WA, Sun + Wed 7pm, Fri noon
Fellowship Church, 775 Church Rd
Contact Nanaimo Intergroup 1-250-753-7513

CONTACTS FOR UP-ISLAND MEETINGS

Campbell River>>Campbell River Alano Club
301-10th Ave: 250-287-2911
Port Alice >>District Answering Service
Port McNeil /Port Hardy 250-287-4313
Sayward, Tahasis, Quadra Island

Courtenay >>Courtenay Alano Club
Comox 543 - 6th St. 250-338-0041
Denman Island Answering Service 250-338-8042

Duncan >>Duncan Alano Club
Chemainus 210-107 Evans 250-748-0724
Lk. Cowichan >>Answering Service
District #8 1-866-233-5255

Nanaimo >>Nanaimo C.O. Unit 212
Ladysmith 285 Prideaux 1-250-753-7513

Parksville >>Answering Service
Qualicum 1-800-883-3968

Port Alberni >>Alano Club 250-724-3911
Answering Serv 1-800-883-3968

SALT SPRING ISLAND MEETINGS

MON O-WA 12 Noon **WELCOME GROUP** Big Book Disc.
901 North End Road, Central Hall (Fritz theatre downstairs)
C-WA 8:00 p **UNITY GROUP** Big Book Study
145 Vesuvius Bay Rd, Portlock Park. In Portable

TUE O-WA 12 Noon **WELCOME GROUP** As Bill Sees It
901 North End Road, Central Hall (Fritz theatre downstairs)

WED O-WA 12 Noon **WELCOME GROUP** Open Discussion
901 North End Road, Central Hall (Fritz theatre downstairs)
C 4-5pm **WOMAN'S MEETING**
135 Drake Road, behind Catholic Church
C-WA 8:00 p **UNITY GRP.** Step & Tradition Study
135 Crofton Rd, Lionel Beech Annex (behind Lady Minto Hosp)

THU O-WA 12 Noon **WELCOME GROUP** Open Discussion
901 North End Road, Central Hall (Fritz theatre downstairs)

FRI O-WA 12 Noon **WELCOME GROUP** Step & Trad Disc
901 North End Road, Central Hall (Fritz theatre downstairs)
O-WA 8:00 p **PHOENIX** Big Book Discussion Group
379 Lower Ganges Road, Senior Centre

SAT O-WA 12 Noon **WELCOME GROUP** 11th Step Meeting
901 North End Road, Central Hall (Fritz theatre downstairs)
O-WA 6:00pm **SATURDAY NIGHT MEETING** Discussion
379 Lower Ganges Rd, Salt Spring Senior Centre

SUN O-WA 12 Noon **WELCOME GROUP** Open Discussion
901 North End Road, Central Hall (Fritz theatre downstairs)

AA CONTACT 1-250-221-1559