

# AA MEETING DIRECTORY OCT-NOV-DEC 2024

**GREATER VICTORIA INTERGROUP  
AA CENTRAL OFFICE  
#8-2020 Douglas Street  
VICTORIA, BC V8T 4L1  
250-383-0415**

**Monday – Friday: 9:30am-4 pm**

We close early some days so please call ahead if you want to come by in the afternoon

**E-mail: [vicintgpc@shaw.ca](mailto:vicintgpc@shaw.ca)**

On line meeting directory is updated monthly.

For any recent changes visit our website;

**Website: [www.aavictoria.ca](http://www.aavictoria.ca)**

**24 HR HELPLINE 250-383-7744**

Updated Oct 01 2024  
**DISCLAIMER**

A directory listing does not constitute or imply approval or endorsement of any group's or meeting's approach to or practice of the traditional AA Program.

October 01 2024

**Non in person meetings double strike through**

## ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can:

	<b>Yes</b>	<b>No</b>
1. Do you lose time from work due to drinking?	___	___
2. Is drinking making your home life unhappy?	___	___
3. Do you drink because you are shy with people?	___	___
4. Is drinking affecting your reputation?	___	___
5. Have you ever felt remorse after drinking?	___	___
6. Have you gotten into financial difficulties as a result of your drinking?	___	___
7. Do you turn to lower companions and an inferior environment when drinking?	___	___
8. Does your drinking make you careless of your family's welfare?	___	___
9. Has your ambition decreased since drinking?	___	___
10. Do you crave a drink at a definite time daily?	___	___
11. Do you want a drink the next morning?	___	___
12. Does drinking cause difficulty in sleeping?	___	___
13. Has your efficiency decreased since drinking?	___	___
14. Is drinking jeopardizing your job or business?	___	___
15. Do you drink to escape from worries or trouble?	___	___
16. Do you drink alone?	___	___
17. Have you ever had a complete loss of memory (known as a blackout) as a result of drinking?	___	___
18. Has a physician ever treated you for drinking?	___	___
19. Do you drink to build up your self-confidence?	___	___
20. Have you ever been to a hospital or institution on account of drinking?	___	___

If you answered "yes" to three or more questions, you may be an alcoholic. Reprinted from Pamphlet P9 with permission from AAWS.

## BUS ROUTES TO MEETINGS

	<b>Meeting Location</b>	<b>Bus #</b>	<b>Stop</b>	<b>NB = Night bus</b>
500	Admirals	6,25,26	Esquimalt & Admirals	
626	Blanshard	7	Fairfield @ Blanchard & Quadra	
1952	Bay Street	3,10	Royal Jubilee Hospital	
680	Courtney	50,70,72,73	Douglas passed Courtney	
1973	Cultra Ave	81,82	Walace @ Cultra	
612	David Street	9,11	Gorge @ Government	
627E	Dunedin	11	Gorge @ Dunedin	
3277	Douglas Street	All busses	Going down Douglas	
7176	East Saanich	72	East Saanich & Dogwood	
1273	Fort	11,14,22	#2 Oak Bay/Gonzales.@ May	
527	Fraser Street	15,26	Esquimalt@ Park/Fraser	
595	Galiano Crescent	43	Belmont Rd @ Lascelle	
537	Glencairn Way	52	Between Goldstream & Kelly	
935	Goldstream	50	Goldstream @ Spencer	
4049	Gordon Head Rd	27	Gordon head @ Ventura/Graduation	
274	Hampton Rd	21,22,26	Burnside @ Orillia	
2060	Haultain	7	Foul Bay @ Haultain	
3024	Jacklin Rd	48-59-64-61	Jacklin & Terlane	
1076	Joan Crescent	11,14,15	Fort @Joan Crescent Castle @	
525	Johnson St	10,15	Wharf @ Yates	
511	Michigan	30,31	Superior @ Menzies	
1319	Mills Road	83 + 85	Mills/Saanich Rd	
2159	Mt Newton X Road	11	Cadboro Bay @ Pacific/Kinross	
1355	Mitchel @ Granite	2,7,8	Oak Bay & Foul Bay	
2166	Mt Newton Cross Rd	75,81,82	East Saanich & Mount Newton	
1962	Murray Rd	61,64	Sooke @ Shields	
550	Obed Ave	11	Obed @ Dysart	
877	North Park Street	6	Quadra @ North Park St	
550	Obed Ave	11	Obed @ Dysart	
1445	Ocean View Road	24	Cedar Hill @ Doncaster	
877	North Park Street	6	Quadra @ North Park St	
1125	Pembroke Street	6	Quadra@ Princess Chrystal pool	
911	Quadra Street	3,11,14,16,22	Fort @ Quadra	
231	Regina Ave	8,11,21,22	Burnside & Tillicum	
600	Richmond @ Richardson	1	Richmond & Richardson	
2612	Sooke Rd;	61	Between Jacklin & Happy Valley	
2250	Sooke Road	48,52,54,60,61	Sooke \$ Ridley	
731	Station Ave	Langford Station	On Station Avenue	
10030	Third St; Sidney	72	Fifth & Henry	
1095	Tolmie Ave	6,17	Quadra @ Tolmie	
2191	Townsend Rd	61	Sooke Rd/Townsend Rd	
7577	Wallace Drive	75,81	Wallace Drive @ Prosser	

Bus schedule updated Feb 12 2024

**FOR BUS INFORMATION CALL: 250- 382-6161**

**MONDAY**

~~6:30 am DAYBREAK~~  
~~C-WA Last O 935 Goldstream Ave Gordon United Church~~

7:00 am **ATTITUDE ADJUSTMENT**  
 C-Last Sat O 511 Michigan. James Bay United Church

12 noon **BASIC PRINCIPLES**  
 O-WA 935 Goldstream Ave Gordon United Church  
 Upstairs lounge

12 Noon **DAILY REPRIEVE**  
 C 680 Courtney St Andrew's Presb, Kirk Hall

12 Noon **KEYSTONE – DISCUSSION** in person & zoom  
 C-WA Last Mon O 911 Quadra Street Christ Church Cathedral  
 Enter off Burdett Ave parking lot

12 Noon **DISCOVERY - DISCUSSION**  
 C 627E Dunedin Street

12 Noon **SIDNEY NOON SERENITY**  
 C-WA 10030 3<sup>rd</sup> St. St. Elisabeth's Church

6:00 pm **SOBERETTES WOMEN ONLY** As Bill sees it topic  
 C-WA 1445 Ocean View Rd Saanich Volunteer Services Society  
 Take lane heading onto Cedar Hill Golf course  
 through gate, enter through door with ramp

7:00 pm **FAIRFIELD GROUP**  
 O-WA 1273 Fort St. Grace Lutheran Church

~~7:00 pm SERENITY BY THE SEA~~  
~~O-WA 6638 Deering Rd Port Renfrew Rec Centre~~

7:00 pm **OTTER POINT # 1 SOOKE**  
 O 1962 Murray Rd (Holy Trinity Church)

7:15 pm **FRIENDS OF BILL W Big Book** Disc MEN ONLY  
 C-WA 595 Galiano Crest Our Lady of the Star Military Chapel  
 Belmont Park PMQ's

7:30 pm **GORDON HEAD BIG BOOK STUDY**  
 O-WA 4049 Gordon Head Rd Holy Cross Church  
 Entrance back parking lot

7:30 pm **SIXTY MINUTES** (meets in sanctuary)  
 O 550 Obed Ave City Lights Church

7:30 pm **GENERATION NEXT: YOUNG PEOPLE**  
 O-WA 1095 Tolmie Ave Parkdale Evangelical Church

7:30 pm **DISCOVERY – BEGINNERS** meeting  
 O 627E Dunedin Street

7:30 pm **PEACE GROUP - DISCUSSION**  
 C-Last O 2060 Haultain Street St Patrick's Church

7:30 pm **FRONTRUNNERS LBGTQ2+**  
 C-WA 511 Michigan James Bay United Church  
 Downstairs meeting room  
 Speaker meeting 2<sup>nd</sup> Thursday of each month

7:30 pm **MT. NEWTON STEP zoom hybrid**  
 C 1973 Cultra Ave St Mary's Church  
 (big room in hall entrance and parking around back)

7:30 pm **COBBLE HILL DISCUSSION**  
 C-WA 3141 Cameron-Taggart rRd

8:00 pm **WESTSHORE BASICS - 12 & 12**  
 O-WA-CL 935 Goldstream Ave (Gordon United Church)

**MEETING TYPE CODE**

- O** Open Meeting: Everyone is welcome
- C/last O** Usually Closed: Open last meeting of the month for birthdays
- C** Closed Meeting: For AA members ONLY or anyone with a drinking problem.
- CL** Candle light meeting
- WA** Wheelchair Accessible

COOPERATION BUT NOT AFFILIATION  
 AL-ANON/ ALATEEN FAMILY GROUPS: 250-383-4020

**TUESDAY**

~~6:30 am DAYBREAK~~  
~~C-WA Last O 935 Goldstream Ave Gordon United Church~~

7:00 am **ATTITUDE ADJUSTMENT**  
 C-Last Sat O 511 Michigan. James Bay United Church

7:30 am **SIDNEY MORNING SERENITY**  
 C-WA 10030 3<sup>rd</sup> St. St. Elisabeth's Church

12 Noon **DAILY REPRIEVE**  
 C 680 Courtney St Andrew's Presb, Kirk Hall

12 Noon **DISCOVERY - DISCUSSION**  
 C 627E Dunedin Street

12 Noon **SIDNEY NOON SERENITY**  
 C-WA 10030-3rd St. St. Elisabeth's Church

12 Noon **INTO ACTION O-WA**  
 2250 Sooke Rd Colwood Pentecostal

12 Noon **TUESDAY NOON** Discussion  
 C-WA 3277 Douglas Street Ukrainian Cultural Centre Main Hall

5:30 om **WILL RUN RIOT** Discussion  
 O-WA 877 North Park Rd, First Baptist Church

6:00 pm **LANGFORD LEAP OF FAITH**  
 O-WA 935 Goldstream Ave (Gordon United Church)

6:00 pm **PEACE OF MIND – LITERATURE/DISCUSSION**  
 C-WA 4566 W Saanich Rd(Saanich Community Church  
 (entrance thru lower back door)

7:00 pm **FREEDOM GROUP – BIG BOOK**  
 O-WA 1952 Bay St Royal Jubilee Hospital,  
 Patient Care Centre, 6<sup>th</sup> floor rm 601

7:00 pm **MORE UNFINISHED BUSINESS** BB study SOOKE  
 O-WA 2191 Townsend Rd St Rose of Lima Church

7:00 pm **TUESDAY NIGHT ESQUIMALT** (scent free)  
 C 500 Admirals/Lyall. Esquimalt United Church

7:15-8:15 pm **SIDNEY AIRPORT MEETING** AA Literature  
 C-Last O-WA 9300 Willingdon Rd Resthaven 7<sup>th</sup> Day Adventist Ch

7:30 pm **C.L.U.E. GROUP WOMEN ONLY**  
 C/Last O 2060 Haultain (St Patrick's Church)  
This meeting is in person. Zoom meeting on Wed

7:30 pm **DISCOVERY – DISCUSSION**  
 C 627E Dunedin Street

7:30 pm **THE HUDDLE STEP & DISC MEN ONLY**  
 C 1273 Fort St / Moss Grace Lutheran Church

7:30 pm **SOBER A.F.** Young people/LGBTQ2+  
 O 612 David St Centennial United Church  
 (Lounge)

## WEDNESDAY

~~6:30 am DAYBREAK~~  
~~C-WA Last O 935 Goldstream Ave Gordon United Church~~

7:00 am **DISCOVERY MEN'S MEETING**  
 C 627E Dunedin

7:00 am **ATTITUDE ADJUSTMENT**  
 C-Last O 511 Michigan. James Bay United Church

12 Noon **SIDNEY NOON SERENITY**  
 O-WA 10030 3<sup>rd</sup> St. St. Elisabeth's Church

12 Noon **THE LUNCH BUNCH WOMEN**  
 C-WA 2736 Fernwood Rd.  
 Downstairs at Oaklands Bible Chapel

12 Noon **DAILY REPRIEVE**  
 C 680 Courtney St Andrew's Presb, Kirk Hall

12 Noon **H.I.T.L.I.S.T. –DISCUSSION (COLWOOD)**  
 C/Last O WA 537 Glencairn Lane Emery Community Hall

12 Noon **KEYSTONE – READING, DISCUSSION**  
 C-WA Last Mon O 911 Quadra Street, Christ Church Cathedral  
 Enter off Burdett Ave parking lot

12 Noon **DISCOVERY - DISCUSSION**  
 C 627E Dunedin Street

12 Noon **SIDNEY NOON SERENITY**  
 C-WA 10030-3rd St. St. Elisabeth's Church

7:00 pm **EXPERIENCE, STRENGTH & HOPE**  
 C-WA 1319 Mills Rd Holy Trinity Church, N Saanich  
 Entrance to meeting off parking lot behind Church  
 Speaker meeting the last Wednesday of each month

7:00 pm **AGE OF MIRACLES - BIG BOOK/12 & 12**  
 C/last O 2612 Sooke Road (The Forge Church)

7:30 pm **THE MISFITS**  
 O-WA 104-731 Station Ave Hulitan Bldg

7:30 pm **FRIENDSHIP GROUP NATIVE**  
 O-WA 231 Regina Ave Victoria Native Friendship Centre

7:30 pm **DISCOVERY – BEGINNERS MEETING**  
 O 627E Dunedin Street

7:30 pm **THE GRAPEVINE GROUP**  
 C/Last O WA 7577 Wallace Drive Saanich Baptist Church

7:30 pm **PEACE GROUP OAK BAY**  
 C 2060 Haultain St St Patrick's Church

7:30 pm **STEPPING STONES DISCUSSION**  
 C/First O 3565 Watson Ave/Fisher Rd Youth Hall  
 (Cobble Hill Village)

8:00 pm **PROTON GROUP (Secular format)**  
~~O-WA 511 Michigan (James Bay United) on zoom~~

8:00 pm **WALK THE WALK**  
 C/Last O WA 1273 Fort St. / Moss (Grace Luth. Church)

8:00 pm **CORPUS VERITAS – BB/12&12/DISC**  
 C-Last O WA 1355 Mitchell / Granite United Church  
 In person/zoom hybrid

## THURSDAY

~~6:30 am DAYBREAK~~  
~~C-WA Last O 935 Goldstream Ave Gordon United Church~~

7:00 am **ATTITUDE ADJUSTMENT**  
 C-Last Sat O 511 Michigan. James Bay United Church

7:30 am **SIDNEY MORNING SERENITY**  
 C-WA 10030 3<sup>rd</sup> St. St. Elisabeth's Church

12 Noon **DAILY REPRIEVE**  
 C 680 Courtney St Andrew's Presb, Kirk Hall

12 Noon **DISCOVERY – DISCUSSION**  
 C 627E Dunedin Street

12 Noon **SIDNEY NOON SERENITY**  
 C-WA 10030 3<sup>rd</sup> Street (St. Elisabeth Church)

12 Noon **EASY DOES IT – DISCUSSION SOOKE**  
 O 2191 Townsend Rd St. Rose of Lima Church

12:30 pm **HALF NOON AA MEETING** monthly step  
 C 1273 Fort Street( Grace Lutheran Church)  
 Main entrance

6:30 pm **METCHOSIN SOBRIETY**  
 4401 William Head Rd Metchosin Com Hall  
 Upstairs, outside steps to the right of the building

7:00 pm **SOBRIETY BY THE SEA (SOOKE)**  
 O-WA 6851 West Coast Rd, Christian Life Assembly

7:30 pm **FRONTRUNNERS (LBGTQ)**  
 C-WA 1<sup>st</sup> Thu/month is a speaker meeting  
 511 Michigan James Bay United Church  
 Downstairs around the back  
 Speaker meeting 2<sup>nd</sup> Thursday of each month

7:30 pm **AKRON GROUP – Big Book/12 & 12**  
 O-WA 1273 Fort Street/Moss (Grace Lutheran Church)

7:30 pm **GENERATION NEXT: YOUNG PEOPLE**  
 C-WA-Last O 1095 Tolmie Ave Parkdale Evangelical Church

7:30 pm **PEACE GROUP - STEP & TRADITION**  
 C 2060 Haultain St St Patrick's Church

7:30 pm **SOBER RIDERS GROUP**  
 O-WA 231 Regina Ave (Native Friendship Centre)

7:30 pm **DISCOVERY – TRADITION**  
 O 627E Dunedin Street

7:30 pm **ANY LENGTH – 12 &12**  
 C-WA 626 Blanshard Church of our Lord

7:30 pm **COBBLE HILL DISCUSSION**  
 C-WA 3141 Cameron-Taggart Rd

**FRIDAY**

~~6:30 am DAYBREAK~~  
~~C-WA Last O 935 Goldstream Ave (Gordon United Church)~~

7:00 am **ATTITUDE ADJUSTMENT**  
 C-Last Sat O 511 Michigan. James Bay United Church

7:00 am **DISCOVERY MEN'S MEETING**  
 C 627E Dunedin Street

12 Noon **DAILY REPRIEVE**  
 C 680 Courtney St Andrew's Presb, Kirk Hall

12 Noon **WOMEN'S FRIDAY NOON**  
 C/Last O WA 511 Michigan (James Bay Church)

12 Noon **DISCOVERY - DISCUSSION**  
 C 627E Dunedin Street

12 Noon **OAK BAY RECOVERY (Tue meeting zoom only)**  
 C/Last O WA 1355 Mitchell / Granite Oak Bay United Church

12 Noon **WALK THE WALK FRIDAY NOONER**  
 C/Last O WA 1273 Fort St / Moss Grace Lutheran Church

12 Noon **SIDNEY NOON SERENITY**  
 C-WA 10030 - 3rd St. St. Elisabeth's Church

12 Noon **LIVE & LET LIVE BIG BOOK DISC**  
 O-WA 935 Goldstream Ave (Gordon United Church)

6:45 pm **THE PRIMARY PURPOSE GROUP Big Book**  
 O-WA 2612 Sooke Rd (The Forge Church)

7:00 pm **CONNECT THE DOTS**  
 O-WA 1076 Joan Crescent (Franciscan Friary Chapel)  
 no food or drink in Chapel

7:00 pm **METROPOLITAN GROUP**  
 O-WA 231 Regina Ave Native Friendship Centre

7:30 pm **DISCOVERY - BEGINNERS meeting**  
 O 627E Dunedin Street

7:30 pm **AKRON AA Literature**  
 O-WA 1273 Fort Street / Moss Grace Lutheran

7:30-8:30 pm **ESQUIMALT ACCEPTANCE**  
 C-WA 500 Admirals/Lyall Esquimalt United Church

7-8 pm **SOOKE BIG BOOK STUDY**  
 C-WA 2191 Townsend Rd St Rose of Lima Church  
 Speaker meeting, Last Friday of the month

7:30 pm **COBBLE HILL DISCUSSION**  
 O-WA 3141 Cameron - Taggart Rd

8:00 pm **WESTSHORE BASICS - 12 & 12**  
 O-WA-CL 935 Goldstream Ave (Gordon United Church)

8:00 pm **BRENTWOOD FRIDAY NIGHT**  
 C-WA 7176 E. Saanich Road Shady Creek Church

10:00 pm **DISCOVERY - NIGHT OWL DISCUSSION**  
 C 627 E Dunedin Street

**SATURDAY**

6:30 am **DAYBREAK (on zoom as well not hybrid)**  
 C-WA-Last O 935 Goldstream Ave (Gordon United Church)

7:00 am **ATTITUDE ADJUSTMENT**  
 C-Last Sat O 511 Michigan. James Bay United Church

7:30 am **SIDNEY MORNING SERENITY**  
 C-WA 10030 3<sup>rd</sup> St. St. Elisabeth's Church

9:30 am **DISCOVERY WOMENS MEETING**  
 C 627 E Dunedin Street

9:30 am **SATURDAY SIMPLICITY MEN ONLY**  
 C-WA Joe & Charlie format  
 1273 Fort St. / Moss Grace Luth. Church

12 Noon **DISCOVERY - DISCUSSION**  
 O 627E Dunedin Street

12 Noon **DAILY REPRIEVE**  
 C 680 Courtney St Andrew's Presb Church  
 Entrance to Kirk Hall behind Church

12 Noon **SIDNEY NOON SERENITY**  
 O-WA 10030 - 3<sup>rd</sup> Street St. Elisabeth's Church

12 Noon **ESQUIMALT SATURDAY SERENITY**  
 C 527 Fraser St. Esquimalt Rec Centre  
 Kanaka Room

6:30 pm **DOWNTOWN MEETING**  
 O 525 Johnson St. (Corner Johnson/Wharf)  
 Salvation Army Chapel space

6:45 pm **THE TURNING POINT Literature**  
 O-WA 3024 Jacklin Rd Redeemer Lutheran Church  
 (side entrance) Speaker last Sat/month

**7:00 pm THE HUDDLE 3<sup>rd</sup> Saturday of the month**  
 Speaker meeting Open to everyone.  
**O-WA 1273 Fort St/Moss (Grace Lutheran Church)**

~~7:30 pm 12 & 12 STUDY GROUP SOOKE~~  
~~C-WA 2120 Church Rd The Knox Centre~~  
~~Entrance from the back parking lot~~

7:30 pm **DISCOVERY - BIG BOOK DISCUSSION**  
 C 627E Dunedin Street

7:30 pm **MOUNT VIEW - BIG BOOK on zoom only**  
 O-WA 2166 Mt. Newton Cross Road  
 (Saanich Peninsula Hospital, next to cafeteria)

8:00 pm **SATURDAY NIGHT LIVE LANGFORD**  
 O-WA-CL 935 Goldstream Ave (Gordon United Church)

10:00 pm **DISCOVERY - AFTER HOURS DISC**  
 C 627E Dunedin Street

**HOME GROUPS (all meetings closed)****MONDAY**

~~8:00 pm KHARMA (Men's) 250-658-6598~~

**WEDNESDAY**

7:30 pm **ACCEPTANCE 1 (Men's) 250-592-2551 hybrid zoom**

**INSTITUTION MEETINGS: CLEARANCE REQUIRED**

**William Head** (Beachcombers) Tuesday @ 8:00 pm Sharp

**Wilkinson Road** Sat 12-20pm (2 meetings)

Please call or email your Central Office for contact informatio

## SUNDAY

- 6:30 am **DAYBREAK** (on zoom as well not hybrid)  
C-WA-Last O 935 Goldstream Ave (Gordon United Church)
- 7:00 am **ATTITUDE ADJUSTMENT**  
C-Last Sat O 511 Michigan. James Bay United Church
- 8:30 am **DISCOVERY MEN'S MEETING**  
C 627E Dunedin Street
- 12:30 pm **JOE & CHARLIE - BIG BOOK STUDY**  
O 627 E Dunedin (zoom @ 12 noon)
- 2:30 pm **DISCOVERY - DISCUSSION**  
O 627E Dunedin Street
- 4:00 pm **WESTSHORE WOMAN'S SOLUTIONS**  
O 3024 Jacklin Rd, Redeemer Lutheran Church
- 7:00 pm **SOBER SUNDAY**  
C-WA 1319 Mills Rd Holy Trinity Church, Saanich  
Entrance to meeting off parking lot behind Church
- 7:30 pm **DISCOVERY – DISCUSSION**  
C 627E Dunedin Street
- 7:30 pm **FEARLESS & THOROUGH BB STUDY**  
O 511 Michigan James Bay United Church
- 7:30 pm **WOMEN IN RECOVERY SOOKE**  
C-Last O WA 1962 Murray Rd Holy Trinity Church
- 7:30 pm **SUNDAY NIGHT ACTION GRP.**  
274 Hampton Rd. Burnside Lawn Bowling Club  
Entrance next to Hampton Park sign
- 8:00 pm **LAST CHANCE**  
C-WA 500 Admirals/Lyall St. Lyall St Entrance  
Esquimalt United Church basement
- 8:00 pm **LOST & FOUND** St Matthias Church  
O-WA 600 Richmond Ave. / Richardson

## GULF ISLAND MEETINGS

### PENDER ISLAND 1-250-526-0550

**Fifth Tradition** Community Church, 4405 Bedwell Harbour Rd  
MON, WED/FRI, O, 12:30 / THU, O, 7:30pm / SUN, C, 7:30pm  
Community Church, 4405 Bedwell Harbour Rd

### MAYNE ISLAND Hearts of Mayne group

**SUN 9 am**, Open meeting, Mayne Island Health Centre,  
lower level, 526 Felix Jack Rd.

**FRI 7pm** The Church House, 360 Georgina Point Rd  
Contact; 1- 604-418-3846

### HORNBY ISLAND Garth 1-250-335-1887

**Recycled group** Wed & Sat, O, 7pm

**Women's Step/NA meeting** Mon 7pm

Hornby Island Community Health Care Center  
1965 Sollan Road Landys 1 250-335-2820

**Men's Step meeting** Mon 7pm New Horizons  
1765 Sollans Road

### SATURNA ISLAND Straits & Narrows meeting

THU 7 pm, St Christopher Church, (basement)

140 East Point Road. Contacts; Keith 250-812-2323

### GABRIOLA ISLAND, O-WA, Sun + Wed 7pm, Fri noon

Fellowship Church, 775 Church Rd

Contact Nanaimo Intergroup 1-250-753-7513

## CONTACTS FOR UP-ISLAND MEETINGS

Campbell River >> Campbell River Alano Club  
301-10<sup>th</sup> Ave: 250-287-4313  
Port Alice >> District Answering Service  
Port McNeil /Port Hardy 250-287-4313  
Sayward, Tahasis, Quadra Island

---

Courtenay >> Courtenay Alano Club  
Comox 543 - 6th St. 250-338-0041  
Denman Island Answering Service 250-338-8042

---

Duncan >> Duncan Alano Club  
Chemainus 210-107 Evans 250-748-0724  
Lk. Cowichan >> Answering Service  
District #8 1-866-233-5255

---

Nanaimo >> Nanaimo C.O. Unit 505  
Ladysmith 495 Dunsmuir St V9R 6B9  
1-250-753-7513

---

Parksville >> Answering Service  
Qualicum 1-800-883-3968

---

Port Alberni >> Alano Club 250-724-3911  
Answering Serv 1-800-883-3968

## SALT SPRING ISLAND MEETINGS

**MON** O-WA 12 Noon **WELCOME GROUP** Big Book Disc.  
901 North End Road, Central Hall (Fritz theatre downstairs)

**TUE** O-WA 12 Noon **WELCOME GROUP** As Bill Sees It  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C 6pm **WOMAN'S MEETING**  
135 Drake Road, behind Catholic Church

**WED** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)  
C-WA 7:00 p **UNITY GRP** 12&12- Big Book Study  
135 Crofton Rd, Lionel Beech Annex (behind Lady Minto Hosp)

**THU** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**FRI** O-WA 12 Noon **WELCOME GROUP** Step & Trad Disc  
901 North End Road, Central Hall (Fritz theatre downstairs)

**SAT** O-WA 12 Noon **WELCOME GROUP** 11<sup>th</sup> Step Meeting  
901 North End Road, Central Hall (Fritz theatre downstairs)  
O-WA 6:00pm **SATURDAY NIGHT MEETING** Discussion  
379 Lower Ganges Rd, Salt Spring Senior Centre

**SUN** O-WA 12 Noon **WELCOME GROUP** Open Discussion  
901 North End Road, Central Hall (Fritz theatre downstairs)

**AA CONTACT 1-250-537-7440**